

Prova 6

Femin., 400m Livres

Juvenis  
Resultados

20/11/2021 - 10:15

Recordes Reg ANCNP 25m Absoluto	4:18.05	CARDEAL, Joana Nunes	AVFC	Felgueiras	21/12/2019
Recordes Reg ANCNP 25m Juv A	4:25.40	AMADOR, Joana Costa	CGA	Viseu	22/05/2016
Recordes Reg ANCNP 25m Juv B	4:29.85	AMADOR, Joana Costa	CGA	Gafanha da Nazaré	24/05/2015

Pontos: FINA 2021

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	pts	FINA	Obs
EXH	JORGE, Sofia Pereira	F	141291 08	Galitos / Bresimar	<b>4:59.90</b>		474	EXH
	50m: 34.70 34.70		150m: 1:50.14	38.52 250m: 3:07.36	38.26 350m: 4:23.19		37.73	
	100m: 1:11.62 36.92		200m: 2:29.10	38.96 300m: 3:45.46	38.10 400m: 4:59.90		36.71	
EXH	BASTOS, Mafalda Costa	F	207200 07	Sanjoanense/FEPSA	<b>5:00.36</b>		472	EXH
	50m: 35.12 35.12		150m: 1:52.10	38.25 250m: 3:08.91	38.40 350m: 4:23.84		37.40	
	100m: 1:13.85 38.73		200m: 2:30.51	38.41 300m: 3:46.44	37.53 400m: 5:00.36		36.52	
EXH	SANTOS, Leonor Costa	F	133055 07	Galitos / Bresimar	<b>5:05.73</b>		447	EXH
	50m: 34.47 34.47		150m: 1:50.36	38.47 250m: 3:08.03	38.65 350m: 4:26.77		39.57	
	100m: 1:11.89 37.42		200m: 2:29.38	39.02 300m: 3:47.20	39.17 400m: 5:05.73		38.96	
EXH	PAIXAO, Maria Saraiva	F	152960 08	Gafanha da Encarnação	<b>5:06.34</b>		445	EXH
	50m: 35.59 35.59		150m: 1:52.78	39.08 250m: 3:11.78	39.26 350m: 4:29.66		38.41	
	100m: 1:13.70 38.11		200m: 2:32.52	39.74 300m: 3:51.25	39.47 400m: 5:06.34		36.68	
EXH	PEREIRA, Victoria Frogeri	F	202387 08	Ba-Leiria	<b>5:16.09</b>		405	EXH
	50m: 34.59 34.59		150m: 1:53.89	39.96 250m: 3:16.52	41.15 350m: 4:38.27		40.40	
	100m: 1:13.93 39.34		200m: 2:35.37	41.48 300m: 3:57.87	41.35 400m: 5:16.09		37.82	
EXH	GONCALVES, Maria Meleiro	F	133052 08	Galitos / Bresimar	<b>5:20.64</b>		388	EXH
	50m: 36.47 36.47		150m: 1:56.09	40.16 250m: 3:17.93	41.32 350m: 4:39.96		40.68	
	100m: 1:15.93 39.46		200m: 2:36.61	40.52 300m: 3:59.28	41.35 400m: 5:20.64		40.68	