

Prova 29
29/06/2025 - 15:00

Femin., 400m Livres

Open
Resultados

Rec Nac Adaptada S5	59:00.00								01/01/1800
Rec Nac Adaptada S6	12:22.02	Ana Sofia Barbosa	FCP	Recarei					27/02/2022
Rec Nac Adaptada S7	8:31.78	Carlota Girao Ferreira	ADADA	Estarreja					16/02/2025
Rec Nac Adaptada S8	5:33.79	Ana Filipa Castro	FVCD	Abrantes					02/07/2022
Rec Nac Adaptada S9	4:52.97	Susana Pereira Veiga	CNCVG	Leiria					10/12/2022
Rec Nac Adaptada S10	5:25.56	Teresa Lamego Neves	SCP	Lisboa					16/11/2014
Rec Nac Adaptada S12	59:00.00	start							01/01/1800
Rec Nac Adaptada S13	59:00.00	start							01/01/1800
Rec Nac Adaptada S14	6:01.88	Sonia Castanheiro Resende	SCA	Mealhada					19/02/2017
Rec Nac Adaptada S15	6:04.92	Eunice Evora Almeida	CNA	Lisboa					18/10/2015
Rec Nac Adaptada S16	59:00.00	start							01/01/1800
Rec Nac Adaptada S17	10:33.96	Francisca Araujo Ferreira	ADADA	Lousada					10/11/2024
Rec Nac Adaptada S21	6:45.56	Matilde Lucia Gaspar	APCC	Guarda					07/12/2024

Lugar Nome do nadador Ano Classes Clube Tempo final pts

S14

1.	Diana Vieira Simoes	98	S14	Sporting Clube de Aveiro	6:26.84	10,00
	50m: 44.42 44.42	150m: 2:21.60 48.96	250m: 4:00.12 49.55	350m: 5:38.65 49.13		
	100m: 1:32.64 48.22	200m: 3:10.57 48.97	300m: 4:49.52 49.40	400m: 6:26.84 48.19		
2.	Beatriz Moreira Almeida	04	S14	ADADA Porto	9:31.66	8,00
	50m: 1:02.22 1:02.22	150m: 3:23.96 1:11.92	250m: 5:52.01 1:13.67	350m: 8:19.59 1:13.67		
	100m: 2:12.04 1:09.82	200m: 4:38.34 1:14.38	300m: 7:05.92 1:13.91	400m: 9:31.66 1:12.07		