

Prova 30 Masc., 400m Livres Open
29/06/2025 - 15:09 Resultados

| | | | | | |
|----------------------|---------|--------------------------|--------|----------------------|------------|
| Rec Nac Adaptada S5 | 6:29.67 | Ivo Filipe Rocha | FVCD | Lousada | 06/05/2023 |
| Rec Nac Adaptada S6 | 5:22.26 | Daniel Carlos Videira | GESL | Guarda | 17/02/2019 |
| Rec Nac Adaptada S7 | 5:04.97 | Ricardo Aderneira Soares | GESL | Guarda | 07/12/2024 |
| Rec Nac Adaptada S8 | 4:46.57 | Diogo Luis Cancela | ALN | Coimbra | 22/10/2022 |
| Rec Nac Adaptada S9 | 4:20.60 | David Realista Grachat | GESL | Vila Franca de Xira | 04/02/2018 |
| Rec Nac Adaptada S10 | 4:23.44 | Emanuel Luis Goncalves | CDN | Funchal | 14/03/2014 |
| Rec Nac Adaptada S11 | 4:37.96 | Marco Ribeiro Meneses | CRASTO | Abrantes | 02/07/2022 |
| Rec Nac Adaptada S12 | 6:24.01 | Joao Tanica Cruz | PDEM | Recarei | 22/05/2022 |
| Rec Nac Adaptada S13 | 4:24.15 | Vitor Hugo Encarnacao | CDN | Funchal | 05/07/2013 |
| Rec Nac Adaptada S14 | 4:39.99 | Samuel Lima Duarte | FVCD | Santa Maria da Feira | 25/01/2025 |
| Rec Nac Adaptada S15 | 4:20.31 | Tiago Correia Neves | CFB | Vila Franca de Xira | 04/02/2018 |
| Rec Nac Adaptada S16 | 5:03.78 | Andre Camara Jorge | CEOL | Funchal | 01/12/2018 |
| Rec Nac Adaptada S17 | 4:55.32 | Joaquim Eduardo Carvalho | CNF | Funchal | 08/03/2025 |
| Rec Nac Adaptada S21 | 5:44.53 | Andre Reis Almeida | SCP | Abrantes | 02/07/2022 |

| Lugar | Nome do nadador | Ano | Classes | Clube | Tempo final | pts | |
|------------|---------------------------|---------------|---------|-------------------------------|-----------------|----------------|---------|
| S6 | | | | | | | |
| 1. | Rodrigo Andre Fraguito | 04 | S6 | Propaganda da Nataçao | 8:14.37 | 10,00 | |
| | 50m: 52.83 52.83 | 150m: 2:53.88 | 1:02.07 | 250m: 5:00.73 | 1:03.89 | 350m: 7:09.96 | 1:04.86 |
| | 100m: 1:51.81 58.98 | 200m: 3:56.84 | 1:02.96 | 300m: 6:05.10 | 1:04.37 | 400m: 8:14.37 | 1:04.41 |
| 2. | Adriano Lourenco Marques | 09 | S6 | Feira Viva Cultura e Desporto | 12:15.58 | 8,00 | |
| | 50m: 1:18.05 1:18.05 | 150m: 4:20.20 | 1:35.72 | 250m: 7:31.85 | 1:39.34 | 350m: 10:43.18 | 1:34.97 |
| | 100m: 2:44.48 1:26.43 | 200m: 5:52.51 | 1:32.31 | 300m: 9:08.21 | 1:36.36 | 400m: 12:15.58 | 1:32.40 |
| S8 | | | | | | | |
| 1. | Rodrigo Oliveira Silva | 08 | S8 | Feira Viva Cultura e Desporto | 8:00.84 | 10,00 | |
| | 50m: 53.59 53.59 | 150m: 2:54.20 | 1:01.34 | 250m: 4:58.63 | 1:02.72 | 350m: 7:04.26 | 1:02.03 |
| | 100m: 1:52.86 59.27 | 200m: 3:55.91 | 1:01.71 | 300m: 6:02.23 | 1:03.60 | 400m: 8:00.84 | 56.58 |
| S9 | | | | | | | |
| 1. | Ricardo Silva Reis | 09 | S9 | ADADA Porto | 6:07.03 | 10,00 | |
| | 50m: 38.88 38.88 | 150m: 2:09.34 | 46.19 | 250m: 3:44.37 | 47.61 | 350m: 5:20.03 | 47.78 |
| | 100m: 1:23.15 44.27 | 200m: 2:56.76 | 47.42 | 300m: 4:32.25 | 47.88 | 400m: 6:07.03 | 47.00 |
| S14 | | | | | | | |
| 1. | Rodrigo Oliveira Patricio | 05 | S14 | Feira Viva Cultura e Desporto | 4:53.00 | 10,00 | |
| | 50m: 33.94 33.94 | 150m: 1:49.05 | 37.97 | 250m: 3:04.10 | 37.22 | 350m: 4:18.20 | 36.70 |
| | 100m: 1:11.08 37.14 | 200m: 2:26.88 | 37.83 | 300m: 3:41.50 | 37.40 | 400m: 4:53.00 | 34.80 |
| S17 | | | | | | | |
| 1. | Andre Fernandes Costa | 10 | S17 | Feira Viva Cultura e Desporto | 8:03.27 | 10,00 | |
| | 50m: 47.47 47.47 | 150m: 2:50.60 | 1:06.46 | 250m: 4:55.75 | 1:02.74 | 350m: 7:01.88 | 1:04.31 |
| | 100m: 1:44.14 56.67 | 200m: 3:53.01 | 1:02.41 | 300m: 5:57.57 | 1:01.82 | 400m: 8:03.27 | 1:01.39 |
| 2. | Guilherme Dias Costa | 01 | S17 | ADADA Porto | 9:41.03 | 8,00 | |
| | 50m: 55.55 55.55 | 150m: 3:23.66 | 1:17.08 | 250m: 5:55.86 | 1:18.34 | 350m: 8:27.96 | 1:17.68 |
| | 100m: 2:06.58 1:11.03 | 200m: 4:37.52 | 1:13.86 | 300m: 7:10.28 | 1:14.42 | 400m: 9:41.03 | 1:13.07 |



Torneio de Nataç o Adaptada Cidade de Aveiro
Aveiro, 29/6/2025



Prova 30, Masc., 400m Livres

S21

| | | | | | |
|-----|------------------------------|---------------|-------------------------------|----------------|---------------------|
| 1. | Francisco Pessanha Montes 02 | S21 | ADADA Porto | 5:48.80 | 10,00 |
| | 50m: 39.57 39.57 | 150m: 2:06.97 | 43.97 250m: 3:36.28 | 44.36 | 350m: 5:05.22 |
| | 100m: 1:23.00 43.43 | 200m: 2:51.92 | 44.95 300m: 4:21.61 | 45.33 | 400m: 5:48.80 43.58 |
| 2. | Diogo Miguel Correia | 08 S21 | Feira Viva Cultura e Desporto | 7:38.13 | 8,00 |
| | 50m: 46.02 46.02 | 150m: 2:42.84 | 1:00.68 250m: 4:41.81 | 1:00.67 | 350m: 6:38.73 |
| | 100m: 1:42.16 56.14 | 200m: 3:41.14 | 58.30 300m: 5:38.90 | 57.09 | 400m: 7:38.13 59.40 |
| EXH | Andre Reis Almeida | 00 S21 | Sporting | 5:51.38 | - |
| | 50m: 35.97 35.97 | 150m: 2:01.69 | 44.54 250m: 3:33.44 | 46.24 | 350m: 5:04.66 |
| | 100m: 1:17.15 41.18 | 200m: 2:47.20 | 45.51 300m: 4:19.28 | 45.84 | 400m: 5:51.38 46.72 |