

Prova 13 Femin., 200m Costas Open
01/02/2026 - 11:17 Resultados

Rec Nac Adaptada S14	3:38.33	Maria Mafalda Soares	ADADA	Aveiro	29/06/2025
Rec Nac Adaptada S15	59:00.00	start			01/01/1800
Rec Nac Adaptada S16	59:00.00				01/01/1800
Rec Nac Adaptada S17	4:18.39	Leticia Olimpio Cruz	FVCD	Aveiro	29/06/2025
Rec Nac Adaptada S21	3:33.17	Diana Ines Torres	POR	Albufeira	31/10/2025

Lugar Idade Tempo final

S14-Esperanç as

1. Maria Santos Ribeiro 15 Alhandra **3:46.10**
50m: 53.41 53.41 100m: 1:51.50 58.09 150m: 2:50.98 59.48 200m: 3:46.10 55.12

S14-Seniores

1. Maria Mafalda Soares 24 ADADA Porto **3:48.25**
50m: 54.62 54.62 100m: 1:53.48 58.86 150m: 2:51.76 58.28 200m: 3:48.25 56.49

2. Raquel Rocilio Monteiro 28 Feira Viva Cultura e Desporto **4:02.63**
50m: 58.92 58.92 100m: 2:00.31 1:01.39 150m: 3:01.46 1:01.15 200m: 4:02.63 1:01.17

3. Camila Matos Mourato 20 Alhandra **6:25.64**
50m: 1:25.42 1:25.42 100m: 3:02.86 1:37.44 150m: 4:44.35 1:41.49 200m: 6:25.64 1:41.29

S17-Esperanç as

DSQ Leticia Olimpio Cruz 15 Feira Viva Cultura e Desporto
615 - N o efectuou movimento continuo e imediato na viragem aos 25 - SW 6.4

S21-Seniores

1. Diana Ines Torres 27 FC Porto **3:36.91**
50m: 51.27 51.27 100m: 1:45.74 54.47 150m: 2:43.29 57.55 200m: 3:36.91 53.62

2. Catarina Resende Graca 22 Feira Viva Cultura e Desporto **6:00.79**
50m: 1:27.55 1:27.55 100m: 2:56.69 1:29.14 150m: 4:27.93 1:31.24 200m: 6:00.79 1:32.86

DSQ Matilde Lucia Gaspar 20 APC Coimbra
615 - N o efectuou movimento continuo e imediato na viragem aos 125 - SW 6.4