

Prova 28 Masc., 400m Estilos Open Resultados
01/02/2026 - 15:54

Rec Nac Adaptada S8	5:31.80	Diogo Luis Cancela	ALN	Coimbra	06/11/2021
Rec Nac Adaptada S10	6:57.50	Rodrigo Miguel Alcobia	CPFZ	Campo Maior	03/05/2025
Rec Nac Adaptada S14	5:34.84	Rodrigo Oliveira Patricio	FVCD	Estarreja	16/02/2025
Rec Nac Adaptada S15	4:49.95	Tiago Correia Neves	CFB	Alg�s	13/07/2019
Rec Nac Adaptada S17	6:13.97	Joaquim Eduardo Carvalho	CNF	Funchal	28/05/2023
Rec Nac Adaptada S21	6:20.31	Joao Francisco Vaz	POR	Ferrara (ITA)	07/10/2021

Lugar Idade Tempo final

S9

1. Gil Mota Mendes	17	Escola Carregal do Sal	5:53.89
50m: 36.04 36.04	150m: 2:05.00 45.74	250m: 3:40.90 51.55	350m: 5:13.95 42.05
100m: 1:19.26 43.22	200m: 2:49.35 44.35	300m: 4:31.90 51.00	400m: 5:53.89 39.94

S14-Seniores

1. Rodrigo Oliveira Patricio	21	Feira Viva Cultura e Desporto	5:27.16
<i>Recorde Nacional</i>			
50m: 34.54 34.54	150m: 1:56.69 42.60	250m: 3:27.80 49.41	350m: 4:52.56 36.47
100m: 1:14.09 39.55	200m: 2:38.39 41.70	300m: 4:16.09 48.29	400m: 5:27.16 34.60