

Prova 29 Femin., 200m Livres Open  
01/02/2026 - 16:01 Resultados

Rec Nac Adaptada S1	59:00.00	start						01/01/1800
Rec Nac Adaptada S2	59:00.00	start						01/01/1800
Rec Nac Adaptada S3	9:53.67	Carolina Carvalho Silva	FVCD	Guarda				07/12/2024
Rec Nac Adaptada S4	7:27.99	Gabriela Maria Guedes	FVCD	Lousada				09/11/2024
Rec Nac Adaptada S5	6:10.38	Teresa Raquel Barbosa	FCP	Guarda				17/02/2019
Rec Nac Adaptada S7	4:11.91	Carlota Girao Ferreira	ADADA	Estarreja				16/02/2025
Rec Nac Adaptada S8	2:46.02	Ana Filipa Castro	FVCD	Abrantes				02/07/2022
Rec Nac Adaptada S9	2:18.34	Susana Pereira Veiga	CNCVG	Felgueiras				10/04/2021
Rec Nac Adaptada S10	2:34.47	Teresa Lamego Neves	SCP	Lisboa				19/05/2013
Rec Nac Adaptada S14	2:51.05	Sonia Castanheiro Resende	SCA	Santa Maria da Feira				22/01/2017
Rec Nac Adaptada S15	2:34.67	Eunice Evora Almeida	SCP	Recarei				16/12/2018
Rec Nac Adaptada S16	59:00.00	start						01/01/1800
Rec Nac Adaptada S17	2:23.17	Joana Lopes Salgueiro	SANLG	Albufeira				29/03/2025
Rec Nac Adaptada S21	3:20.05	Filipa Sa Reis	POR	Albufeira				28/10/2025

Lugar Idade Tempo final

S5

1. Gabriela Maria Guedes	24	Feira Viva Cultura e Desporto	<b>7:38.80</b>
50m: 1:47.32 1:47.32	100m: 3:38.80 1:51.48	150m: 5:31.07 1:52.27	200m: 7:38.80 2:07.73
2. Claudia Filipa Penetro	26	Alhandra	<b>9:30.43</b>
50m: 2:17.83 2:17.83	100m: 4:42.86 2:25.03	150m: 7:04.63 2:21.77	200m: 9:30.43 2:25.80

S14-Seniores

1. Maria Mafalda Soares	24	ADADA Porto	<b>3:21.03</b>
50m: 46.69 46.69	100m: 1:37.41 50.72	150m: 2:29.49 52.08	200m: 3:21.03 51.54
2. Joana Candeias Rego	22	ADADA Porto	<b>3:50.46</b>
50m: 52.98 52.98	100m: 1:51.04 58.06	150m: 2:51.08 1:00.04	200m: 3:50.46 59.38
3. Camila Matos Mourato	20	Alhandra	<b>7:46.30</b>
50m: 1:45.82 1:45.82	100m: 3:44.24 1:58.42	150m: 5:46.41 2:02.17	200m: 7:46.30 1:59.89

S17-Seniores

1. Francisca Araujo Ferreira	30	ADADA Porto	<b>5:06.76</b>
50m: 1:09.62 1:09.62	100m: 2:26.95 1:17.33	150m: 3:44.70 1:17.75	200m: 5:06.76 1:22.06
2. Mara Filipa Nunes	20	Alhandra	<b>5:31.16</b>
50m: 1:18.16 1:18.16	100m: 2:40.44 1:22.28	150m: 4:05.26 1:24.82	200m: 5:31.16 1:25.90

S21-Seniores

1. Matilde Lucia Gaspar	20	APC Coimbra	<b>3:24.83</b>
50m: 46.02 46.02	100m: 1:38.68 52.66	150m: 2:31.92 53.24	200m: 3:24.83 52.91
2. Anna Elizabeth Kite	28	Olhar21	<b>5:37.58</b>
50m: 1:05.95 1:05.95	100m: 2:32.01 1:26.06	150m: 4:04.19 1:32.18	200m: 5:37.58 1:33.39