

Prova 24

13/05/2023 - 18:09

Femin., 800m Livres

1ª Divisão

1ª Divisão

Resultados

Recordes Reg ANCNP 25m Absoluto	8:47.49	CARDEAL Joana Nunes	AVFC	Leiria	28/11/2021
Recordes Reg ANCNP 25m Sen	8:47.49	CARDEAL Joana Nunes	AVFC	Leiria	28/11/2021
Recordes Reg ANCNP 25m Jun17	8:57.32	CARDEAL Beatriz Nunes	AVFC	Gafanha de Nazaré	04/07/2021
Recordes Reg ANCNP 25m Jun16	9:04.72	CARDEAL Beatriz Nunes	AVFC	Leiria	15/12/2019
Recordes Reg ANCNP 25m Juv A	8:59.51	AMADOR Joana Costa	CGA	Viseu	21/05/2016
Recordes Reg ANCNP 25m Juv B	9:18.10	CARDEAL Beatriz Nunes	AVFC	Condeixa	11/03/2017
Recordes Reg ANCNP 25m Inf A	9:39.51	FERNANDES Carolina Miranda	CGA	Mealhada	24/02/2018
Recordes Reg ANCNP 25m Inf B	10:15.31	ALMEIDA Maria Emilia	CGA	Castro Daire	12/05/2019

Pontos: FINA 2022

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARDEAL Beatriz Nunes	04	124753	Academico Viseu Futebol Cl	9:06.30		675	9,0(-
	50m: 31.48 31.48			250m: 2:47.46 34.15	450m: 5:06.29 34.74	650m: 7:24.81 34.52		
	100m: 1:05.01 33.53			300m: 3:22.08 34.62	500m: 5:41.01 34.72	700m: 7:59.07 34.26		
	150m: 1:39.08 34.07			350m: 3:56.79 34.71	550m: 6:15.44 34.43	750m: 8:33.34 34.27		
	200m: 2:13.31 34.23			400m: 4:31.55 34.76	600m: 6:50.29 34.85	800m: 9:06.30 32.96		
2.	CABRAL Carolina Vizinho	07	206307	CN Vagos	9:14.72		645	7,0(-
	50m: 32.49 32.49			250m: 2:51.95 34.96	450m: 5:12.27 35.08	650m: 7:32.90 35.03		
	100m: 1:07.27 34.78			300m: 3:26.93 34.98	500m: 5:47.38 35.11	700m: 8:08.12 35.22		
	150m: 1:41.99 34.72			350m: 4:02.13 35.20	550m: 6:22.51 35.13	750m: 8:43.18 35.06		
	200m: 2:16.99 35.00			400m: 4:37.19 35.06	600m: 6:57.87 35.36	800m: 9:14.72 31.54		
3.	RAMOS Joana Barbas	06	153484	Gafanha da Encarnacao	9:16.23		639	6,0(-
	50m: 32.13 32.13			250m: 2:51.53 35.14	450m: 5:12.07 35.08	650m: 7:32.45 34.44		
	100m: 1:06.59 34.46			300m: 3:26.53 35.00	500m: 5:47.30 35.23	700m: 8:07.51 35.06		
	150m: 1:41.42 34.83			350m: 4:01.71 35.18	550m: 6:22.75 35.45	750m: 8:42.10 34.59		
	200m: 2:16.39 34.97			400m: 4:36.99 35.28	600m: 6:58.01 35.26	800m: 9:16.23 34.13		
4.	SOARES Miriam Mortagua	06	129027	Galitos / Bresimar	9:31.93		588	5,0(-
	50m: 31.88 31.88			250m: 2:54.60 36.03	450m: 5:18.64 36.23	650m: 7:43.88 36.40		
	100m: 1:07.06 35.18			300m: 3:30.50 35.90	500m: 5:54.95 36.31	700m: 8:19.92 36.04		
	150m: 1:42.74 35.68			350m: 4:06.61 36.11	550m: 6:31.42 36.47	750m: 8:56.79 36.87		
	200m: 2:18.57 35.83			400m: 4:42.41 35.80	600m: 7:07.48 36.06	800m: 9:31.93 35.14		
5.	OLIVEIRA Vanessa Sofia	05	127640	Gafanha da Encarnacao	9:41.98		558	-
	50m: 33.16 33.16			250m: 2:58.14 36.37	450m: 5:25.49 36.78	650m: 7:52.67 36.64		
	100m: 1:08.78 35.62			300m: 3:34.98 36.84	500m: 6:02.34 36.85	700m: 8:29.55 36.88		
	150m: 1:45.08 36.30			350m: 4:11.76 36.78	550m: 6:39.21 36.87	750m: 9:05.85 36.30		
	200m: 2:21.77 36.69			400m: 4:48.71 36.95	600m: 7:16.03 36.82	800m: 9:41.98 36.13		
6.	RIBEIRO Maria Joao	05	133241	Sporting Clube Sao Joao Ve	9:44.84		550	4,0(-
	50m: 32.81 32.81			250m: 2:55.92 36.34	450m: 5:23.00 37.10	650m: 7:52.58 37.44		
	100m: 1:07.87 35.06			300m: 3:32.28 36.36	500m: 6:00.20 37.20	700m: 8:30.40 37.82		
	150m: 1:43.49 35.62			350m: 4:08.84 36.56	550m: 6:37.68 37.48	750m: 9:08.53 38.13		
	200m: 2:19.58 36.09			400m: 4:45.90 37.06	600m: 7:15.14 37.46	800m: 9:44.84 36.31		
7.	JORGE Sofia Pereira	08	141291	Galitos / Bresimar	10:03.75		500	-
	50m: 33.08 33.08			250m: 3:02.76 37.86	450m: 5:35.72 38.84	650m: 8:09.87 38.58		
	100m: 1:09.89 36.81			300m: 3:40.68 37.92	500m: 6:14.03 38.31	700m: 8:48.65 38.78		
	150m: 1:47.08 37.19			350m: 4:18.59 37.91	550m: 6:52.63 38.60	750m: 9:26.30 37.65		
	200m: 2:24.90 37.82			400m: 4:56.88 38.29	600m: 7:31.29 38.66	800m: 10:03.75 37.45		
8.	FONSECA Lara Sofia	08	203293	Academico Viseu Futebol Cl	10:11.12		482	-
	50m: 33.72 33.72			250m: 3:06.53 38.82	450m: 5:42.25 39.15	650m: 8:17.68 38.61		
	100m: 1:11.44 37.72			300m: 3:45.40 38.87	500m: 6:21.25 39.00	700m: 8:56.31 38.63		
	150m: 1:49.30 37.86			350m: 4:24.14 38.74	550m: 7:00.11 38.86	750m: 9:35.06 38.75		
	200m: 2:27.71 38.41			400m: 5:03.10 38.96	600m: 7:39.07 38.96	800m: 10:11.12 36.06		
9.	SILVA Lara Pinho	07	204992	Clube Desportivo Feirense	10:13.13		477	3,0(-
	50m: 33.64 33.64			250m: 3:05.34 38.06	450m: 5:42.09 39.13	650m: 8:19.82 39.51		
	100m: 1:11.18 37.54			300m: 3:44.38 39.04	500m: 6:21.56 39.47	700m: 8:58.76 38.94		
	150m: 1:49.20 38.02			350m: 4:23.35 38.97	550m: 7:00.89 39.33	750m: 9:36.96 38.20		
	200m: 2:27.28 38.08			400m: 5:02.96 39.61	600m: 7:40.31 39.42	800m: 10:13.13 36.17		

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	KVAS Patricia Alexandra	06	208262	Sporting Clube Sao Joao V	10:33.61		432	-
	50m: 33.82 33.82	250m: 3:10.00 40.10	450m: 5:51.91 41.03	650m: 8:35.36 40.49				
	100m: 1:11.72 37.90	300m: 3:49.45 39.45	500m: 6:32.69 40.78	700m: 9:15.56 40.20				
	150m: 1:50.39 38.67	350m: 4:30.08 40.63	550m: 7:13.75 41.06	750m: 9:55.35 39.79				
	200m: 2:29.90 39.51	400m: 5:10.88 40.80	600m: 7:54.87 41.12	800m: 10:33.61 38.26				
11.	COUTINHO Rafaela Calvo	08	207581	Campinho	10:35.13		429	2,0(-
	50m: 34.00 34.00	250m: 3:12.71 40.35	450m: 5:55.20 40.94	650m: 8:37.14 40.23				
	100m: 1:12.66 38.66	300m: 3:53.27 40.56	500m: 6:35.85 40.65	700m: 9:17.33 40.19				
	150m: 1:52.04 39.38	350m: 4:34.06 40.79	550m: 7:16.58 40.73	750m: 9:57.19 39.86				
	200m: 2:32.36 40.32	400m: 5:14.26 40.20	600m: 7:56.91 40.33	800m: 10:35.13 37.94				
12.	ROCHA Leonor Pereira	08	205433	Sporting de Espinho	10:45.63		409	1,0(-
	50m: 34.95 34.95	250m: 3:14.33 41.02	450m: 5:58.38 41.79	650m: 8:45.28 41.20				
	100m: 1:13.54 38.59	300m: 3:54.61 40.28	500m: 6:39.98 41.60	700m: 9:26.81 41.53				
	150m: 1:53.03 39.49	350m: 4:35.37 40.76	550m: 7:21.47 41.49	750m: 10:07.72 40.91				
	200m: 2:33.31 40.28	400m: 5:16.59 41.22	600m: 8:04.08 42.61	800m: 10:45.63 37.91				
13.	BRANCO Francisca Sousa	10	203800	Sporting de Espinho	11:21.55		347	-
	50m: 38.19 38.19	250m: 3:34.19 44.78	450m: 6:26.35 42.57	650m: 9:18.91 43.55				
	100m: 1:21.68 43.49	300m: 4:17.62 43.43	500m: 7:10.18 43.83	700m: 10:01.22 42.31				
	150m: 2:02.10 42.55	350m: 5:00.74 43.12	550m: 7:53.38 43.20	750m: 10:44.09 42.87				
	200m: 2:49.41 43.96	400m: 5:43.78 43.04	600m: 8:35.36 41.98	800m: 11:21.55 37.46				
14.	VIEIRA Frederica Vinhas	11	209964	Campinho	11:21.90		347	-
	50m: 37.53 37.53	250m: 3:30.73 44.67	450m: 6:24.45 43.53	650m: 9:18.37 43.39				
	100m: 1:19.55 42.02	300m: 4:14.00 43.27	500m: 7:08.11 43.66	700m: 10:01.02 42.65				
	150m: 2:02.10 42.55	350m: 4:56.99 42.99	550m: 7:51.82 43.71	750m: 10:43.29 42.27				
	200m: 2:46.06 43.96	400m: 5:40.92 43.93	600m: 8:34.98 43.16	800m: 11:21.90 38.61				
15.	RIBEIRO Ines Sousa	11	208535	Clube Desportivo Feirense	11:36.36		326	-
	50m: 36.88 36.88	250m: 3:32.09 44.65	450m: 6:30.82 44.41	650m: 9:29.16 44.53				
	100m: 1:19.29 42.41	300m: 4:16.13 44.04	500m: 7:15.47 44.65	700m: 10:13.24 44.08				
	150m: 2:03.06 43.77	350m: 5:01.28 45.15	550m: 7:59.89 44.42	750m: 10:56.64 43.40				
	200m: 2:47.44 44.38	400m: 5:46.41 45.13	600m: 8:44.63 44.74	800m: 11:36.36 39.72				