

Prova 35
19/12/2022 - 15:00

Femin., 1500m Livres

Juvenis
Resultados

Rec Nac 25m Absoluto	15:55.19	DURAES, Diana Margarida	SLB	Felgueiras	23/11/2019
Rec Nac 25m Juv A	16:54.39	HOLUB, Tamila Hryhorivna	SCB	Vila Praia Ancora	16/03/2014
Rec Nac 25m Juv B	17:17.43	HOLUB, Tamila Hryhorivna	SCB	Vila Praia Ancora	30/06/2013

TAC Zonais Juv B Fem Juv B 50m: 20:12.93 - 25m: 19:52.63 / TAC Zonais Juv A Fem Juv A 50m: 20:02.78 - 25m: 19:32.33

Pontos: FINA 2022

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
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Juvenis B

1.	GONCALVES, Leonor Queiroz	09	Braga	18:34.12		559	
	100m: 1:10.50 1:10.50		500m: 6:06.95 1:14.23	900m: 11:04.91 1:14.68	1300m: 16:04.90 1:15.19		
	200m: 2:24.20 1:13.70		600m: 7:21.31 1:14.36	1000m: 12:19.49 1:14.58	1400m: 17:20.46 1:15.56		
	300m: 3:38.55 1:14.35		700m: 8:35.35 1:14.04	1100m: 13:34.11 1:14.62	1500m: 18:34.12 1:13.66		
	400m: 4:52.72 1:14.17		800m: 9:50.23 1:14.88	1200m: 14:49.71 1:15.60			
2.	MAIA, Lara Catarina	09	Estarreja/PROZINCO	18:47.51		539	
	100m: 1:11.31 1:11.31		500m: 6:14.33 1:15.63	900m: 11:18.06 1:15.67	1300m: 16:20.76 1:15.41		
	200m: 2:26.28 1:14.97		600m: 7:30.51 1:16.18	1000m: 12:33.64 1:15.58	1400m: 17:35.56 1:14.80		
	300m: 3:42.41 1:16.13		700m: 8:46.61 1:16.10	1100m: 13:49.49 1:15.85	1500m: 18:47.51 1:11.95		
	400m: 4:58.70 1:16.29		800m: 10:02.39 1:15.78	1200m: 15:05.35 1:15.86			
3.	PINTO, Maria Carvalho	09	Viana Natacao	18:51.77		533	
	100m: 1:11.98 1:11.98		500m: 6:14.31 1:15.36	900m: 11:18.06 1:15.77	1300m: 16:21.53 1:15.40		
	200m: 2:27.89 1:15.91		600m: 7:30.23 1:15.92	1000m: 12:34.22 1:16.16	1400m: 17:37.30 1:15.77		
	300m: 3:43.60 1:15.71		700m: 8:46.12 1:15.89	1100m: 13:50.04 1:15.82	1500m: 18:51.77 1:14.47		
	400m: 4:58.95 1:15.35		800m: 10:02.29 1:16.17	1200m: 15:06.13 1:16.09			
4.	AMBRUS, Beatriz Alves	09	Porto	19:01.67		519	
	100m: 1:12.66 1:12.66		500m: 6:19.33 1:16.85	900m: 11:23.57 1:16.18	1300m: 16:30.39 1:17.11		
	200m: 2:29.14 1:16.48		600m: 7:35.15 1:15.82	1000m: 12:39.93 1:16.36	1400m: 17:47.31 1:16.92		
	300m: 3:45.63 1:16.49		700m: 8:50.95 1:15.80	1100m: 13:56.96 1:17.03	1500m: 19:01.67 1:14.36		
	400m: 5:02.48 1:16.85		800m: 10:07.39 1:16.44	1200m: 15:13.28 1:16.32			
5.	SANTOS, Joana Almeida	09	Galitos / Bresimar	19:20.95		494	
	100m: 1:11.85 1:11.85		500m: 6:18.40 1:17.01	900m: 11:29.48 1:17.33	1300m: 16:46.43 1:19.06		
	200m: 2:27.53 1:15.68		600m: 7:36.00 1:17.60	1000m: 12:48.71 1:19.23	1400m: 18:04.74 1:18.31		
	300m: 3:43.95 1:16.42		700m: 8:53.97 1:17.97	1100m: 14:07.87 1:19.16	1500m: 19:20.95 1:16.21		
	400m: 5:01.39 1:17.44		800m: 10:12.15 1:18.18	1200m: 15:27.37 1:19.50			
6.	MARTINS, Carolina Correia	09	Porto	19:29.41		483	
	100m: 1:13.87 1:13.87		500m: 6:27.52 1:19.30	900m: 11:35.43 1:17.78	1300m: 16:49.91 1:19.66		
	200m: 2:31.98 1:18.11		600m: 7:44.24 1:16.72	1000m: 12:53.31 1:17.88	1400m: 18:10.28 1:20.37		
	300m: 3:50.30 1:18.32		700m: 9:00.29 1:16.05	1100m: 14:11.46 1:18.15	1500m: 19:29.41 1:19.13		
	400m: 5:08.22 1:17.92		800m: 10:17.65 1:17.36	1200m: 15:30.25 1:18.79			
7.	PEDREIRO, Francisca Soreto	09	Galitos / Bresimar	19:31.85		480	
	100m: 1:13.24 1:13.24		500m: 6:24.68 1:17.93	900m: 11:38.61 1:18.66	1300m: 16:55.74 1:19.52		
	200m: 2:30.82 1:17.58		600m: 7:42.93 1:18.25	1000m: 12:57.71 1:19.10	1400m: 18:14.71 1:18.97		
	300m: 3:48.69 1:17.87		700m: 9:01.28 1:18.35	1100m: 14:16.62 1:18.91	1500m: 19:31.85 1:17.14		
	400m: 5:06.75 1:18.06		800m: 10:19.95 1:18.67	1200m: 15:36.22 1:19.60			

Juvenis A

1.	FERREIRA, Carolina Amadeu	08	Leixoes Sport Clube	18:06.21		603	
	100m: 1:07.78 1:07.78		500m: 5:59.01 1:12.88	900m: 10:50.07 1:12.74	1300m: 15:41.90 1:12.78		
	200m: 2:20.27 1:12.49		600m: 7:11.78 1:12.77	1000m: 12:02.98 1:12.91	1400m: 16:54.86 1:12.96		
	300m: 3:33.12 1:12.85		700m: 8:24.61 1:12.83	1100m: 13:15.89 1:12.91	1500m: 18:06.21 1:11.35		
	400m: 4:46.13 1:13.01		800m: 9:37.33 1:12.72	1200m: 14:29.12 1:13.23			

Prova 35, Femin., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
2.	FREITAS, Diana Gomes	08	Amigos da Montanha	18:20.12		581	
	100m: 1:07.88 1:07.88	500m: 5:58.94 1:12.91	900m: 10:54.67 1:14.50	1300m: 15:52.52 1:14.53			
	200m: 2:20.32 1:12.44	600m: 7:11.99 1:13.05	1000m: 12:08.81 1:14.14	1400m: 17:07.31 1:14.79			
	300m: 3:32.93 1:12.61	700m: 8:25.72 1:13.73	1100m: 13:23.73 1:14.92	1500m: 18:20.12 1:12.81			
	400m: 4:46.03 1:13.10	800m: 9:40.17 1:14.45	1200m: 14:37.99 1:14.26				
3.	BARBOSA, Sofia Teixeira	08	Porto	18:29.87		565	
	100m: 1:09.19 1:09.19	500m: 6:06.90 1:14.30	900m: 11:03.56 1:13.85	1300m: 16:02.44 1:14.52			
	200m: 2:23.08 1:13.89	600m: 7:21.25 1:14.35	1000m: 12:18.51 1:14.95	1400m: 17:16.81 1:14.37			
	300m: 3:37.49 1:14.41	700m: 8:34.92 1:13.67	1100m: 13:32.76 1:14.25	1500m: 18:29.87 1:13.06			
	400m: 4:52.60 1:15.11	800m: 9:49.71 1:14.79	1200m: 14:47.92 1:15.16				
4.	JORGE, Sofia Pereira	08	Galitos / Bresimar	18:56.87		526	
	100m: 1:13.50 1:13.50	500m: 6:18.84 1:16.55	900m: 11:24.85 1:16.11	1300m: 16:28.12 1:15.40			
	200m: 2:30.15 1:16.65	600m: 7:35.56 1:16.72	1000m: 12:41.15 1:16.30	1400m: 17:43.41 1:15.29			
	300m: 3:46.02 1:15.87	700m: 8:52.15 1:16.59	1100m: 13:56.82 1:15.67	1500m: 18:56.87 1:13.46			
	400m: 5:02.29 1:16.27	800m: 10:08.74 1:16.59	1200m: 15:12.72 1:15.90				
5.	SOARES, Leonor Carvalho	08	Porto	19:04.02		516	
	100m: 1:13.01 1:13.01	500m: 6:18.43 1:16.59	900m: 11:25.19 1:16.72	1300m: 16:31.15 1:16.30			
	200m: 2:29.31 1:16.30	600m: 7:34.92 1:16.49	1000m: 12:41.88 1:16.69	1400m: 17:48.00 1:16.85			
	300m: 3:45.39 1:16.08	700m: 8:51.59 1:16.67	1100m: 13:58.23 1:16.35	1500m: 19:04.02 1:16.02			
	400m: 5:01.84 1:16.45	800m: 10:08.47 1:16.88	1200m: 15:14.85 1:16.62				
6.	NUNES, Carolina Mendes	08	Estarreja/PROZINCO	19:07.62		511	
	100m: 1:12.61 1:12.61	500m: 6:19.91 1:17.21	900m: 11:29.06 1:18.10	1300m: 16:38.58 1:16.62			
	200m: 2:29.17 1:16.56	600m: 7:36.72 1:16.81	1000m: 12:46.39 1:17.33	1400m: 17:53.67 1:15.09			
	300m: 3:45.89 1:16.72	700m: 8:53.57 1:16.85	1100m: 14:04.29 1:17.90	1500m: 19:07.62 1:13.95			
	400m: 5:02.70 1:16.81	800m: 10:10.96 1:17.39	1200m: 15:21.96 1:17.67				
7.	CORTESAO, Maria Manuel	08	Náutico Académico de Co	19:11.94		506	
	100m: 1:12.91 1:12.91	500m: 6:21.26 1:17.54	900m: 11:30.33 1:16.97	1300m: 16:39.24 1:17.95			
	200m: 2:29.60 1:16.69	600m: 7:38.47 1:17.21	1000m: 12:47.06 1:16.73	1400m: 17:56.53 1:17.29			
	300m: 3:46.61 1:17.01	700m: 8:55.69 1:17.22	1100m: 14:04.18 1:17.12	1500m: 19:11.94 1:15.41			
	400m: 5:03.72 1:17.11	800m: 10:13.36 1:17.67	1200m: 15:21.29 1:17.11				
8.	BARBOSA, Bruna Maria	08	Aquatico Pacense	19:50.02		459	
	<i>FTL</i>						
	100m: 1:13.71 1:13.71	500m: 6:27.08 1:19.03	900m: 11:46.76 1:20.81	1300m: 17:10.72 1:21.24			
	200m: 2:31.78 1:18.07	600m: 7:46.39 1:19.31	1000m: 13:07.53 1:20.77	1400m: 18:31.95 1:21.23			
	300m: 3:49.63 1:17.85	700m: 9:06.06 1:19.67	1100m: 14:28.95 1:21.42	1500m: 19:50.02 1:18.07			
	400m: 5:08.05 1:18.42	800m: 10:25.95 1:19.89	1200m: 15:49.48 1:20.53				
9.	PIRES, Rita Oliveira	08	Galitos / Bresimar	20:52.23		393	
	<i>FTL</i>						
	100m: 1:14.18 1:14.18	500m: 6:35.31 1:20.57	900m: 12:05.49 1:25.23	1300m: 17:58.90 1:29.48			
	200m: 2:33.90 1:19.72	600m: 7:56.44 1:21.13	1000m: 13:32.49 1:27.00	1400m: 19:27.17 1:28.27			
	300m: 3:54.18 1:20.28	700m: 9:18.00 1:21.56	1100m: 15:00.47 1:27.98	1500m: 20:52.23 1:25.06			
	400m: 5:14.74 1:20.56	800m: 10:40.26 1:22.26	1200m: 16:29.42 1:28.95				