

II Torregri
Calvão, 17 - 18/2/2024



Prova 17
18/02/2024 - 9:30

Femin., 400m Livres

Cadetes A
Resultados

Pontos: FINA 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINAPts	Obs
1.	Beatriz Alexandra Martins	F	217109	13	UD Oliveirense/FERSILVA	5:56.41	273	
	50m: 38.95 38.95		150m: 2:09.05		46.09 250m: 3:41.39	46.89 350m: 5:14.99		45.77
	100m: 1:22.96 44.01		200m: 2:54.50		45.45 300m: 4:29.22	47.83 400m: 5:56.41		41.42
2.	Maria Luis Duarte	F	216655	13	Sporting Clube de Aveiro	6:21.85	222	
	50m: 44.00 44.00		150m: 2:21.82		48.50 250m: 3:59.62	48.28 350m: 5:37.71		49.29
	100m: 1:33.32 49.32		200m: 3:11.34		49.52 300m: 4:48.42	48.80 400m: 6:21.85		44.14
3.	Maria Ines Marques	F	216042	13	Algés e Águeda XXI	6:26.19	214	
	50m: 42.53 42.53		150m: 2:21.61		49.99 250m: 4:01.24	50.09 350m: 5:39.42		48.63
	100m: 1:31.62 49.09		200m: 3:11.15		49.54 300m: 4:50.79	49.55 400m: 6:26.19		46.77
4.	Leticia Saldanha Costa	F	211833	13	O Crasto	6:26.81	213	
	50m: 42.11 42.11		150m: 2:21.11		48.96 250m: 4:01.00	49.86 350m: 5:41.71		51.24
	100m: 1:32.15 50.04		200m: 3:11.14		50.03 300m: 4:50.47	49.47 400m: 6:26.81		45.10
5.	Gabriela Riquito Oliveira	F	215189	13	Galitos / Bresimar	6:34.83	201	
	50m: 45.94 45.94		150m: 2:26.91		50.17 250m: 4:09.49	51.57 350m: 5:49.49		50.19
	100m: 1:36.74 50.80		200m: 3:17.92		51.01 300m: 4:59.30	49.81 400m: 6:34.83		45.34
6.	Constanca Sabenca Silva	F	212499	13	Sporting de Espinho	6:35.16	200	
	50m: 43.08 43.08		150m: 2:20.69		49.06 250m: 4:02.77	50.10 350m: 5:44.70		50.95
	100m: 1:31.63 48.55		200m: 3:12.67		51.98 300m: 4:53.75	50.98 400m: 6:35.16		50.46
7.	Barbara Lopes Costa	F	211831	13	O Crasto	6:42.51	189	
	50m: 43.17 43.17		150m: 2:24.03		48.96 250m: 4:08.18	52.56 350m: 5:51.61		51.44
	100m: 1:32.33 49.16		200m: 3:15.62		51.59 300m: 5:00.17	51.99 400m: 6:42.51		50.90
8.	Matilde Alves Antoninho	F	213559	13	Clube Desportivo Feirense	6:51.85	177	
	50m: 43.72 43.72		150m: 2:24.46		52.27 250m: 4:13.57	54.87 350m: 5:59.69		53.44
	100m: 1:32.19 48.47		200m: 3:18.70		54.24 300m: 5:06.25	52.68 400m: 6:51.85		52.16
9.	Diana Orioli Pacheco	F	213587	13	Clube Desportivo Feirense	7:02.99	163	
	50m: 44.71 44.71		150m: 2:30.62		52.94 250m: 4:20.93	54.55 350m: 6:10.60		54.04
	100m: 1:37.68 52.97		200m: 3:26.38		55.76 300m: 5:16.56	55.63 400m: 7:02.99		52.39
10.	Sofia Pereira Costa	F	215174	13	Clube Desportivo Feirense	7:07.75	158	
	50m: 48.97 48.97		150m: 2:38.03		54.34 250m: 4:27.07	54.50 350m: 6:16.56		54.21
	100m: 1:43.82 54.85		200m: 3:32.57		54.41 300m: 5:22.35	55.28 400m: 7:07.75		51.19
11.	Eva Ferreira Goncalves	F	215495	13	Academico Viseu Futebol Clube	7:13.23	152	
	50m: 48.25 48.25		150m: 2:39.21		55.61 250m: 4:29.85	56.66 350m: 6:21.67		56.09
	100m: 1:43.60 55.35		200m: 3:34.19		54.98 300m: 5:25.58	55.73 400m: 7:13.23		51.56
12.	Nuria Miguel Cardoso	F	217593	13	Sporting Clube Sao Joao Ver	7:14.01	151	
	50m: 48.28 48.28		150m: 2:38.82		56.89 250m: 4:32.62	56.99 350m: 6:22.06		54.15
	100m: 1:41.93 53.65		200m: 3:35.63		56.81 300m: 5:27.91	55.29 400m: 7:14.01		51.95
	Maria Costa Silva	F	217106	13	Sporting Clube Sao Joao Ver	7:14.01	151	
	50m: 48.39 48.39		150m: 2:40.87		57.11 250m: 4:34.67	56.91 350m: 6:26.37		55.89
	100m: 1:43.76 55.37		200m: 3:37.76		56.89 300m: 5:30.48	55.81 400m: 7:14.01		47.64
14.	Maria Joao Santos	F	214738	13	Campinho	7:23.68	141	
	50m: 47.83 47.83		150m: 2:40.69		57.93 250m: 4:35.97	58.15 350m: 6:32.87		58.65
	100m: 1:42.76 54.93		200m: 3:37.82		57.13 300m: 5:34.22	58.25 400m: 7:23.68		50.81
15.	Leonor Ribeiro Silva	F	214828	13	Estamos Juntos	7:25.83	139	
	50m: 52.58 52.58		150m: 2:46.68		57.89 250m: 4:40.49	57.59 350m: 6:35.72		56.89
	100m: 1:48.79 56.21		200m: 3:42.90		56.22 300m: 5:38.83	58.34 400m: 7:25.83		50.11
16.	Maria Shubin	F	213240	13	Campinho	7:42.32	125	
	50m: 49.43 49.43		150m: 2:47.02		1:00.25 250m: 4:46.70	1:00.23 350m: 6:44.87		58.27
	100m: 1:46.77 57.34		200m: 3:46.47		59.45 300m: 5:46.60	59.90 400m: 7:42.32		57.45
DSQ	Mafalda Assuncao Almeida 403 - Falsa partida - SW 4.4	F	216918	13	Estamos Juntos			DSQ
DSQ	Beatriz Oliveira Silva 403 - Falsa partida - SW 4.4	F	220314	13	Sporting Clube Sao Joao Ver			DSQ
DNS	Maria Carlota Gomes	F	218277	13	Clube Desportivo Feirense			DNS
DNS	Camila Reis Almeida	F	216657	13	Sporting Clube de Aveiro			DNS
DNS	Maria Joao Carvalho	F	218295	13	Sporting Clube de Aveiro			DNS
EXH	Ines Esteves Carvalho	F	214490	13	Ginasio Clube de Vila Real	5:40.40	313	EXH
	50m: 39.65 39.65		150m: 2:06.89		43.91 250m: 3:32.80	43.08 350m: 4:59.95		43.25
	100m: 1:22.98 43.33		200m: 2:49.72		42.83 300m: 4:16.70	43.90 400m: 5:40.40		40.45