

Campeonato Regional de Inverno de Infantis
Viseu, 24 - 25/2024

Prova 1
24/02/2024 - 10:00

Femin., 400m Livres

Infantis A
Resultados

R N 25m Open	4:04.61	Diana Margarida Duraes	POR	Copenhagen (DEN)	17/12/2017
R N 25m Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	19/07/1980
Recordes Reg ANCNP 25m Open	4:15.59	Joana Nunes Cardeal	AVFC	Albufeira	12/11/2022
Recordes Reg ANCNP 25m Inf A	4:40.92	Joana Costa Amador	CGA	Abrantes	12/04/2014

TAC-N Fem Inf A : 5:08.41 / TAC-Z Fem Inf A : 5:19.50

Pontos: FINA 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
1.	Zoe Pinho Nunes <i>TAC Nacional</i>	F	209378	11	Sporting Clube de Aveiro	5:04.37	5:05.95	432	
	50m: 33.56	33.56	150m: 1:49.20	38.18	250m: 3:08.10	39.83	350m: 4:28.31	39.81	
	100m: 1:11.02	37.46	200m: 2:28.27	39.07	300m: 3:48.50	40.40	400m: 5:05.95	37.64	
2.	Matilde Sofia Pinto <i>TAC Zonal</i>	F	212225	11	Sporting Clube Sao Joao Ver	5:33.35	5:15.66	393	
	50m: 34.72	34.72	150m: 1:53.15	39.25	250m: 3:14.50	40.40	350m: 4:36.78	41.15	
	100m: 1:13.90	39.18	200m: 2:34.10	40.95	300m: 3:55.63	41.13	400m: 5:15.66	38.88	
3.	Alice Maria Rodrigues <i>TAC Zonal</i>	F	213554	11	Academico Viseu Futebol Clube	5:24.46	5:15.87	392	
	50m: 36.16	36.16	150m: 1:55.92	40.21	250m: 3:15.91	40.30	350m: 4:37.54	40.86	
	100m: 1:15.71	39.55	200m: 2:35.61	39.69	300m: 3:56.68	40.77	400m: 5:15.87	38.33	
4.	Frederica Vinhas Vieira	F	209964	11	Campinho	5:23.02	5:25.01	360	
	50m: 34.72	34.72	150m: 1:54.04	40.41	250m: 3:18.48	42.80	350m: 4:43.77	42.34	
	100m: 1:13.63	38.91	200m: 2:35.68	41.64	300m: 4:01.43	42.95	400m: 5:25.01	41.24	
5.	Leonor Marques Mendes	F	141309	11	Gafanha da Encarnacao	5:34.06	5:26.82	354	
	50m: 35.81	35.81	150m: 1:56.96	41.09	250m: 3:20.05	41.60	350m: 4:46.48	42.96	
	100m: 1:15.87	40.06	200m: 2:38.45	41.49	300m: 4:03.52	43.47	400m: 5:26.82	40.34	
6.	Ines Sousa Ribeiro	F	208535	11	Clube Desportivo Feirense	5:42.20	5:27.35	352	
	50m: 36.54	36.54	150m: 2:01.04	42.65	250m: 3:25.96	42.25	350m: 4:49.16	41.39	
	100m: 1:18.39	41.85	200m: 2:43.71	42.67	300m: 4:07.77	41.81	400m: 5:27.35	38.19	
7.	Ines Afonso Borges	F	206679	11	Sporting de Espinho	5:49.63	5:32.71	335	
	50m: 35.92	35.92	150m: 1:58.15	41.38	250m: 3:23.67	42.46	350m: 4:51.22	43.25	
	100m: 1:16.77	40.85	200m: 2:41.21	43.06	300m: 4:07.97	44.30	400m: 5:32.71	41.49	
8.	Mariana Moreira Lopes	F	209232	11	Clube Desportivo Feirense	5:48.23	5:34.11	331	
	50m: 35.84	35.84	150m: 1:58.59	41.83	250m: 3:25.47	43.90	350m: 4:52.51	43.45	
	100m: 1:16.76	40.92	200m: 2:41.57	42.98	300m: 4:09.06	43.59	400m: 5:34.11	41.60	
9.	Laura Cruzeiro Marques	F	139976	11	Sporting Clube de Aveiro	5:41.09	5:34.71	330	
	50m: 36.16	36.16	150m: 2:01.01	43.27	250m: 3:27.15	42.86	350m: 4:53.68	43.86	
	100m: 1:17.74	41.58	200m: 2:44.29	43.28	300m: 4:09.82	42.67	400m: 5:34.71	41.03	
10.	Lia Tome Mateus	F	208054	11	CN Vagos	5:51.50	5:36.58	324	
	50m: 38.69	38.69	150m: 2:03.79	42.98	250m: 3:29.42	42.60	350m: 4:54.52	42.62	
	100m: 1:20.81	42.12	200m: 2:46.82	43.03	300m: 4:11.90	42.48	400m: 5:36.58	42.06	
11.	Beatriz Abrantes Martins	F	215698	11	Algés e Águeda XXI	5:43.68	5:37.48	321	
	50m: 37.31	37.31	150m: 2:02.00	42.91	250m: 3:29.12	43.50	350m: 4:55.45	42.91	
	100m: 1:19.09	41.78	200m: 2:45.62	43.62	300m: 4:12.54	43.42	400m: 5:37.48	42.03	
12.	Francisca Coelho Lucena	F	206673	11	O Crasto	5:52.70	5:49.82	289	
	50m: 38.86	38.86	150m: 2:07.64	44.31	250m: 3:37.27	45.16	350m: 5:06.56	44.49	
	100m: 1:23.33	44.47	200m: 2:52.11	44.47	300m: 4:22.07	44.80	400m: 5:49.82	43.26	
13.	Lara Amorim Cunha	F	215161	11	Clube Desportivo Feirense	5:48.98	5:54.23	278	
	50m: 37.13	37.13	150m: 2:07.20	45.51	250m: 3:38.97	45.82	350m: 5:10.78	45.36	
	100m: 1:21.69	44.56	200m: 2:53.15	45.95	300m: 4:25.42	46.45	400m: 5:54.23	43.45	
14.	Nicole Melo Oliveira	F	220156	11	Estarreja/PROZINCO	6:02.12	5:54.31	278	
	50m: 39.67	39.67	150m: 2:10.86	46.77	250m: 3:42.08	45.31	350m: 5:12.22	45.26	
	100m: 1:24.09	44.42	200m: 2:56.77	45.91	300m: 4:26.96	44.88	400m: 5:54.31	42.09	
15.	Maria Ines Gomes	F	209231	11	Clube Desportivo Feirense	5:49.72	5:54.44	277	
	50m: 38.47	38.47	150m: 2:07.23	44.99	250m: 3:39.23	46.14	350m: 5:11.98	46.04	
	100m: 1:22.24	43.77	200m: 2:53.09	45.86	300m: 4:25.94	46.71	400m: 5:54.44	42.46	

Prova 1, Femin., 400m Livres

Prova 1
24/02/2024 - 10:00

Femin., 400m Livres

Infantis B
Resultados

R N 25m Open	4:04.61	Diana Margarida Duraes	POR	Copenhagen (DEN)	17/12/2017
R N 25m Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	13/06/2009
Recordes Reg ANCNP 25m Open	4:15.59	Joana Nunes Cardeal	AVFC	Albufeira	12/11/2022
Recordes Reg ANCNP 25m Inf B	4:46.14	Carolina Miranda Fernandes	CGA	Espinho	14/05/2017

TAC-N Fem Inf B : 5:19.41 / TAC-Z Fem Inf B : 5:35.00

Pontos: FINA 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
1.	Sofia Apalyonova Monteiro <i>TAC Nacional</i>	F	212125	12	CN Vagos	5:40.52	5:15.94	392	
	50m: 36.65	36.65	150m: 1:58.40	40.37	250m: 3:18.34	39.83	350m: 4:38.82	39.89	
	100m: 1:18.03	41.38	200m: 2:38.51	40.11	300m: 3:58.93	40.59	400m: 5:15.94	37.12	
2.	Camila Ganito Santos <i>TAC Zonal</i>	F	209359	12	Galitos / Bresimar	5:28.96	5:26.55	355	
	50m: 35.77	35.77	150m: 1:55.92	41.02	250m: 3:18.80	41.13	350m: 4:43.89	42.95	
	100m: 1:14.90	39.13	200m: 2:37.67	41.75	300m: 4:00.94	42.14	400m: 5:26.55	42.66	
3.	Maria Olivia Ferreira <i>TAC Zonal</i>	F	211423	12	Galitos / Bresimar	5:32.41	5:27.99	350	
	50m: 36.64	36.64	150m: 1:59.22	42.44	250m: 3:24.42	42.81	350m: 4:48.88	41.97	
	100m: 1:16.78	40.14	200m: 2:41.61	42.39	300m: 4:06.91	42.49	400m: 5:27.99	39.11	
4.	Constanca Sousa Fontinha <i>TAC Zonal</i>	F	212496	12	O Crasto	6:05.53	5:32.52	336	
	50m: 37.18	37.18	150m: 2:03.13	43.63	250m: 3:28.97	42.72	350m: 4:53.65	41.92	
	100m: 1:19.50	42.32	200m: 2:46.25	43.12	300m: 4:11.73	42.76	400m: 5:32.52	38.87	
5.	Ana Carolina Pimenta	F	211419	12	Galitos / Bresimar	5:42.46	5:35.54	327	
	50m: 37.17	37.17	150m: 2:01.43	42.31	250m: 3:28.12	44.13	350m: 4:55.64	42.74	
	100m: 1:19.12	41.95	200m: 2:43.99	42.56	300m: 4:12.90	44.78	400m: 5:35.54	39.90	
6.	Maria Miguel Lopes	F	220311	12	Academico Viseu Futebol Clube	NT	5:35.91	326	
	50m: 38.44	38.44	150m: 2:04.94	43.74	250m: 3:31.01	43.21	350m: 4:56.27	42.90	
	100m: 1:21.20	42.76	200m: 2:47.80	42.86	300m: 4:13.37	42.36	400m: 5:35.91	39.64	
7.	Filipa Carneiro Dias	F	214183	12	Academico Viseu Futebol Clube	NT	5:40.71	312	
	50m: 38.68	38.68	150m: 2:05.90	43.64	250m: 3:32.18	43.64	350m: 4:59.30	43.54	
	100m: 1:22.26	43.58	200m: 2:48.54	42.64	300m: 4:15.76	43.58	400m: 5:40.71	41.41	
8.	Dania Pereira Cardoso	F	214825	12	Estamos Juntos	6:04.14	5:44.38	302	
	50m: 38.43	38.43	150m: 2:05.92	44.73	250m: 3:34.37	43.68	350m: 5:03.11	44.21	
	100m: 1:21.19	42.76	200m: 2:50.69	44.77	300m: 4:18.90	44.53	400m: 5:44.38	41.27	
9.	Carolina Melo Homem	F	216658	12	Sporting Clube de Aveiro	6:19.58	5:46.43	297	
	50m: 41.52	41.52	150m: 2:08.89	43.84	250m: 3:36.32	43.39	350m: 5:05.11	44.49	
	100m: 1:25.05	43.53	200m: 2:52.93	44.04	300m: 4:20.62	44.30	400m: 5:46.43	41.32	
10.	Mariana Vidal Rebelo	F	218431	12	Galitos / Bresimar	6:13.02	5:48.07	293	
	50m: 39.16	39.16	150m: 2:07.10	44.18	250m: 3:35.81	44.60	350m: 5:07.40	46.58	
	100m: 1:22.92	43.76	200m: 2:51.21	44.11	300m: 4:20.82	45.01	400m: 5:48.07	40.67	
11.	Leonor Martins Silva	F	211830	12	Clube Desportivo Feirense	5:53.93	6:05.67	253	
	50m: 38.04	38.04	150m: 2:08.45	45.68	250m: 3:42.82	47.63	350m: 5:20.27	48.70	
	100m: 1:22.77	44.73	200m: 2:55.19	46.74	300m: 4:31.57	48.75	400m: 6:05.67	45.40	