

Prova 13
25/02/2024 - 10:34

Masc., 400m Livres

Infantis A
Resultados

R N 25m Open	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
R N 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29/03/2014
Recordes Reg ANCNP 25m Open	3:49.02	Diogo Filipe Carvalho	CGA	S. Antonio Cavaleiros	21/12/2012
Recordes Reg ANCNP 25m Inf A	4:19.33	Duarte Miguel Jorge	CGA	Abrantes	21/02/2015

TAC-N Masc Inf A : 4:40.13 / TAC-Z Masc Inf A : 4:57.50

Pontos: FINA 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
1.	Tomas Alexandre Sousa <i>TAC Nacional</i>	M	206026	10	Academico Viseu Futebol Clube	4:58.81	4:37.74	446	
	50m: 30.82 100m: 1:05.51	30.82 34.69	150m: 1:41.50 200m: 2:17.35	35.99 35.85	250m: 2:53.42 300m: 3:29.46	36.07 36.04	350m: 4:04.75 400m: 4:37.74	35.29 32.99	
2.	Rafael Costa Bastos <i>TAC Zonal</i>	M	214652	10	Sanjoanense/FEPSA	5:18.86	4:49.45	394	
	50m: 31.41 100m: 1:07.42	31.41 36.01	150m: 1:45.11 200m: 2:22.59	37.69 37.48	250m: 3:00.19 300m: 3:38.11	37.60 37.92	350m: 4:15.50 400m: 4:49.45	37.39 33.95	
3.	Rafael Pires Parente <i>TAC Zonal</i>	M	213541	10	Academico Viseu Futebol Clube	5:13.16	4:49.64	393	
	50m: 32.69 100m: 1:08.79	32.69 36.10	150m: 1:45.95 200m: 2:23.90	37.16 37.95	250m: 3:01.95 300m: 3:39.50	38.05 37.55	350m: 4:15.87 400m: 4:49.64	36.37 33.77	
4.	Andre Ferreira Santos <i>TAC Zonal</i>	M	213542	10	Academico Viseu Futebol Clube	4:55.73	4:54.76	373	
	50m: 32.54 100m: 1:08.90	32.54 36.36	150m: 1:46.07 200m: 2:23.45	37.17 37.38	250m: 3:01.08 300m: 3:39.04	37.63 37.96	350m: 4:17.36 400m: 4:54.76	38.32 37.40	
5.	Tiago Joao Olas	M	215503	10	Academico Viseu Futebol Clube	5:24.03	5:02.94	343	
	50m: 35.03 100m: 1:13.45	35.03 38.42	150m: 1:51.62 200m: 2:30.36	38.17 38.74	250m: 3:09.43 300m: 3:48.37	39.07 38.94	350m: 4:26.89 400m: 5:02.94	38.52 36.05	
6.	Tomas Figueiredo Branco	M	206651	10	Gafanha da Encarnacao	5:12.67	5:07.88	327	
	50m: 34.10 100m: 1:11.90	34.10 37.80	150m: 1:51.16 200m: 2:31.21	39.26 40.05	250m: 3:11.10 300m: 3:50.85	39.89 39.75	350m: 4:30.31 400m: 5:07.88	39.46 37.57	
7.	Afonso Lopes Oliveira	M	206024	10	Academico Viseu Futebol Clube	5:32.76	5:10.05	320	
	50m: 36.17 100m: 1:15.46	36.17 39.29	150m: 1:55.91 200m: 2:35.10	40.45 39.19	250m: 3:15.07 300m: 3:54.14	39.97 39.07	350m: 4:33.50 400m: 5:10.05	39.36 36.55	
8.	Antonio Barros Neves	M	205437	10	Sporting de Espinho	5:18.46	5:10.92	318	
	50m: 33.97 100m: 1:12.71	33.97 38.74	150m: 1:52.53 200m: 2:32.51	39.82 39.98	250m: 3:12.56 300m: 3:52.54	40.05 39.98	350m: 4:32.69 400m: 5:10.92	40.15 38.23	
9.	Simao Mota Pinho	M	208542	10	Sporting Clube Sao Joao Ver	5:35.98	5:13.42	310	
	50m: 34.33 100m: 1:13.22	34.33 38.89	150m: 1:52.52 200m: 2:32.56	39.30 40.04	250m: 3:13.36 300m: 3:54.04	40.80 40.68	350m: 4:35.10 400m: 5:13.42	41.06 38.32	
10.	Francisco Laranjeira Morais	M	208427	10	Algés e Águeda XXI	5:23.88	5:14.94	306	
	50m: 32.88 100m: 1:10.21	32.88 37.33	150m: 1:49.15 200m: 2:29.34	38.94 40.19	250m: 3:10.24 300m: 3:52.22	40.90 41.98	350m: 4:34.32 400m: 5:14.94	42.10 40.62	
11.	Leonardo Sanjuan Gomes	M	211263	10	Estamos Juntos	5:41.02	5:23.88	281	
	50m: 35.77 100m: 1:15.93	35.77 40.16	150m: 1:57.56 200m: 2:39.05	41.63 41.49	250m: 3:20.49 300m: 4:01.79	41.44 41.30	350m: 4:43.17 400m: 5:23.88	41.38 40.71	
12.	Joao Saraiva Paixao	M	141305	10	Galitos / Bresimar	5:38.92	5:25.24	277	
	50m: 36.03 100m: 1:16.64	36.03 40.61	150m: 1:58.35 200m: 2:40.73	41.71 42.38	250m: 3:22.75 300m: 4:04.45	42.02 41.70	350m: 4:46.25 400m: 5:25.24	41.80 38.99	
13.	Tomas Orioli Pacheco	M	212227	10	Clube Desportivo Feirense	5:40.32	5:32.67	259	
	50m: 35.78 100m: 1:16.60	35.78 40.82	150m: 1:58.86 200m: 2:41.67	42.26 42.81	250m: 3:24.34 300m: 4:08.03	42.67 43.69	350m: 4:51.36 400m: 5:32.67	43.33 41.31	
14.	Ruben Alexandre Venancio	M	210796	10	Estarreja/PROZINCO	5:34.70	5:34.89	254	
	50m: 36.65 100m: 1:17.17	36.65 40.52	150m: 1:59.36 200m: 2:41.97	42.19 42.61	250m: 3:25.32 300m: 4:07.90	43.35 42.58	350m: 4:51.84 400m: 5:34.89	43.94 43.05	
DNS	Afonso Vizinho Cabral	M	141353	10	CN Vagos	5:38.48			DNS

Prova 13, Masc., 400m Livres

Prova 13	Masc., 400m Livres				Infantis B
25/02/2024 - 10:34					Resultados
R N 25m Open	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
R N 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04/04/2003
Recordes Reg ANCNP 25m Open	3:49.02	Diogo Filipe Carvalho	CGA	S. Antonio Cavaleiros	21/12/2012
Recordes Reg ANCNP 25m Inf B	4:30.17	David Emanuel Tomé	HCM	Espinho	14/05/2016

TAC-N Masc Inf B : 4:54.87 / TAC-Z Masc Inf B : 5:09.00

Pontos: FINA 2023

Lugar	Nome	Sexo	Licença	Ano	Clube	TP. Insc.	Tempo Final	Pts	Obs
1.	Miguel Miranda Fernandes <i>TAC Nacional</i>	M	141320	11	Galitos / Bresimar	4:57.42	4:49.33	394	
	50m: 30.41	30.41	150m: 1:42.47	36.90	250m: 2:58.62	38.62	350m: 4:13.84	37.30	
	100m: 1:05.57	35.16	200m: 2:20.00	37.53	300m: 3:36.54	37.92	400m: 4:49.33	35.49	
2.	Santiago Vagos Valente <i>TAC Zonal</i>	M	215177	11	Galitos / Bresimar	5:15.20	4:58.58	359	
	50m: 32.69	32.69	150m: 1:47.64	37.88	250m: 3:04.57	38.19	350m: 4:21.66	38.38	
	100m: 1:09.76	37.07	200m: 2:26.38	38.74	300m: 3:43.28	38.71	400m: 4:58.58	36.92	
3.	Nadir Ramos Rosario <i>TAC Zonal</i>	M	209295	11	Sporting de Espinho	5:24.69	5:03.26	342	
	50m: 35.01	35.01	150m: 1:51.89	38.59	250m: 3:09.53	39.18	350m: 4:26.76	38.18	
	100m: 1:13.30	38.29	200m: 2:30.35	38.46	300m: 3:48.58	39.05	400m: 5:03.26	36.50	
4.	Xavier Pinto Pereira	M	209591	11	Galitos / Bresimar	5:31.41	5:11.21	317	
	50m: 33.96	33.96	150m: 1:52.54	39.68	250m: 3:11.66	40.24	350m: 4:32.10	40.46	
	100m: 1:12.86	38.90	200m: 2:31.42	38.88	300m: 3:51.64	39.98	400m: 5:11.21	39.11	
5.	Afonso Saldanha Costa	M	206672	11	O Crasto	5:27.19	5:17.98	297	
	50m: 36.73	36.73	150m: 1:58.48	40.64	250m: 3:18.71	40.73	350m: 4:40.02	40.36	
	100m: 1:17.84	41.11	200m: 2:37.98	39.50	300m: 3:59.66	40.95	400m: 5:17.98	37.96	
6.	Amilcar Jose Foulquie	M	141328	11	Galitos / Bresimar	6:18.46	5:22.71	284	
	50m: 35.48	35.48	150m: 1:55.75	41.32	250m: 3:18.87	41.94	350m: 4:42.44	41.99	
	100m: 1:14.43	38.95	200m: 2:36.93	41.18	300m: 4:00.45	41.58	400m: 5:22.71	40.27	
7.	Joao Paulo Ferreira	M	214827	11	Estamos Juntos	5:59.62	5:23.99	281	
	50m: 37.06	37.06	150m: 1:57.93	41.06	250m: 3:20.36	41.98	350m: 4:42.94	42.62	
	100m: 1:16.87	39.81	200m: 2:38.38	40.45	300m: 4:00.32	39.96	400m: 5:23.99	41.05	
8.	Guilherme Sousa Silva	M	211421	11	Galitos / Bresimar	5:40.11	5:27.50	272	
	50m: 35.48	35.48	150m: 1:58.53	42.35	250m: 3:23.50	42.32	350m: 4:48.37	41.75	
	100m: 1:16.18	40.70	200m: 2:41.18	42.65	300m: 4:06.62	43.12	400m: 5:27.50	39.13	
9.	Gabriel Cardoso Correia	M	204945	11	Academico Viseu Futebol Clube	6:06.23	5:27.86	271	
	50m: 36.42	36.42	150m: 1:57.69	40.67	250m: 3:21.31	41.73	350m: 4:46.93	43.30	
	100m: 1:17.02	40.80	200m: 2:39.58	41.89	300m: 4:03.63	42.32	400m: 5:27.86	40.93	
10.	Miguel Marques Jesus	M	140391	11	Galitos / Bresimar	5:34.06	5:28.13	270	
	50m: 36.40	36.40	150m: 2:00.72	42.78	250m: 3:26.44	43.56	350m: 4:50.21	41.72	
	100m: 1:17.94	41.54	200m: 2:42.88	42.16	300m: 4:08.49	42.05	400m: 5:28.13	37.92	
11.	Daniel Volkov	M	214081	11	Sporting Clube de Aveiro	5:35.48	5:35.57	253	
	50m: 34.53	34.53	150m: 1:58.42	42.81	250m: 3:26.55	43.97	350m: 4:52.86	43.61	
	100m: 1:15.61	41.08	200m: 2:42.58	44.16	300m: 4:09.25	42.70	400m: 5:35.57	42.71	
12.	Miguel Varandas Piedade	M	209965	11	Campinho	6:12.99	5:40.07	243	
	50m: 37.17	37.17	150m: 2:01.81	43.27	250m: 3:29.88	44.23	350m: 4:57.91	44.33	
	100m: 1:18.54	41.37	200m: 2:45.65	43.84	300m: 4:13.58	43.70	400m: 5:40.07	42.16	
13.	Tiago Augusto Carrola	M	140436	11	Gafanha da Encarnacao	5:42.79	5:44.99	232	
	50m: 38.41	38.41	150m: 2:06.60	44.62	250m: 3:34.38	43.75	350m: 5:03.78	45.15	
	100m: 1:21.98	43.57	200m: 2:50.63	44.03	300m: 4:18.63	44.25	400m: 5:44.99	41.21	
14.	Marcelo Maganinho Nouari	M	206005	11	Sporting de Espinho	6:00.29	5:46.87	229	
	50m: 37.75	37.75	150m: 2:06.01	44.03	250m: 3:33.86	43.91	350m: 5:03.36	44.30	
	100m: 1:21.98	44.23	200m: 2:49.95	43.94	300m: 4:19.06	45.20	400m: 5:46.87	43.51	
15.	Santiago Valente Ribeiro	M	217079	11	Estarreja/PROZINCO	6:00.71	5:58.63	207	
	50m: 39.50	39.50	150m: 2:11.98	47.00	250m: 3:44.55	46.26	350m: 5:17.55	47.26	
	100m: 1:24.98	45.48	200m: 2:58.29	46.31	300m: 4:30.29	45.74	400m: 5:58.63	41.08	