

Prova 10	Femin., 100m Livres				25 - 94 anos
23/03/2024 - 11:45					Resultados
RN A(25-29)	58.88	Adriana Daniela Castro	LSC	Caldas da Rainha	28/01/2024
RN B(30-34)	58.49	Ana Paula Grilo	UDCA	Funchal	05/04/2003
RN C(35-39)	59.37	Ana Paula Grilo	UDCA	Desenzano (ITA)	25/01/2004
RN D(40-44)	1:00.63	Susana Clara Gomes	CNF	Mealhada	20/01/2019
RN E(45-49)	1:02.58	Susana Clara Gomes	CNF	Funchal	23/11/2023
RN F(50-54)	1:09.02	Isabel Baptista Ferreira	ADRCIMM	Alg�s	08/04/2017
RN G(55-59)	1:09.88	Isabel Baptista Ferreira	ADRCIMM	Albufeira	11/12/2022
RN H(60-64)					
RN I(65-69)					
RN J(70-74)	1:27.74	Ana Maria Ferreira	SAD	Caldas da Rainha	29/01/2023
RN K(75-79)	1:36.29	Luisa Bessone Basto	SAD	Alg�s	06/04/2019
RN L(80-84)	2:29.45	Nair Gomes Sa	ANE	Torres Novas	05/02/2022
RN M(85-89)	59:00.00	start			
RN N(90-94)	59:00.00				

Lugar	Nome	Idade		Tp. Insc.	Tempo final	50m	100m
Master Esc A							
1.	Cristina Alexandra Furtado	28	GDNFAMA	1:06.52	1:07.58	32.69	34.89
2.	Marcia Raquel Saraiva	29	CGA	1:11.39	1:11.05	33.79	37.26
3.	Ana Catarina Teixeira	29	FOCA	1:12.25	1:14.47	35.21	39.26
4.	Alexia Alves Fernandes	28	CNV	1:20.23	1:18.13	37.61	40.52

Master Esc B							
1.	Eva Micaela Serra	33	CDCA	NT	1:15.15	34.96	40.19
2.	Catia Vanessa Moura	34	SCCAM	1:15.83	1:17.87	36.67	41.20
3.	Ana Miguel Goncalves	34	GCF	1:20.60	1:20.35	38.52	41.83
4.	Claudia Sofia Gouveia	31	CDE	1:35.11	1:35.71	43.93	51.78
DSQ	Beatriz Manata Oliveira	30	CAPGE	NT			
<i>403 - Falsa partida - SW 4.4</i>							

Master Esc C							
1.	Ana Margarida Rocha	38	CGA	1:19.88	1:12.18	34.51	37.67
2.	Tania Sofia Antunes	36	CNMC	1:14.65	1:13.41	34.44	38.97
3.	Juliana Cabral Oliveira	39	CAPGE	1:17.11	1:18.86	36.97	41.89
4.	Rafaela Barreiros Pires	35	SCB	1:21.03	1:19.67	37.86	41.81
5.	Caroline Macaira Lemos	35	SCA	1:35.00	1:24.47	39.14	45.33
6.	Filipa Isabel Reis	37	LSC	1:26.94	1:28.48	41.85	46.63

Master Esc D							
1.	Marta Daniela Oliveira	44	CGA	1:07.49	1:12.12	34.38	37.74

Master Esc E							
1.	Susana Campos Louro	46	SCB	1:24.30	1:22.20	39.07	43.13
2.	Maria Liza Orioli	45	CDF	1:23.78	1:27.26	39.21	48.05
3.	Ana Maria Martins	45	SCA	1:32.77	1:33.63	44.72	48.91
4.	Maria Catarina Cunha	49	SCA	1:31.30	1:34.34	45.43	48.91
5.	Andrea Helena Pereira	47	SCCAM	1:48.86	1:48.34	52.34	56.00

Master Esc F							
1.	Maria Manuela Ferreira	54	VSC	1:27.31	1:25.95	41.97	43.98
2.	Cristina Nicoleta Lipciuc	51	SCB	1:33.56	1:33.16	43.31	49.85
3.	Susana Maria Soares	54	CNV	1:41.87	1:38.02	46.01	52.01
4.	Luisa Margarida Henriques	50	CSAAXXI	1:51.09	1:46.85	51.00	55.85
5.	Sonia Catarina Almeida	50	IDV	1:59.99	1:54.27	51.20	1:03.07
6.	Sandra Cristina Roma	50	ADBA	2:22.95	2:18.37	1:06.02	1:12.35

Prova 10, Femin., 100m Livres

Master Esc G

1.	Ana Paula Sequeira	56	CAPGE	1:29.39	1:25.79	40.72	45.07
2.	Paula Margarida Navarro	56	CNV	1:33.89	1:34.83	45.82	49.01

Master Esc H

1.	Maria Margarida Urbano	61	AAC	1:23.38	1:21.93	39.71	42.22
2.	Maria Claudia Osorio	60	CFP	1:26.70	1:27.64	41.31	46.33
3.	Maria Manuela Neto	62	CNMAIA	1:39.03	1:38.55	46.74	51.81
4.	Maria Teresa Pinto	63	LSC	2:00.36	1:54.24	55.64	58.60
5.	Maria Paula Menezes	62	CUC	NT	2:16.46	1:05.73	1:10.73

Master Esc I

1.	Maria Luisa Carrondo	67	CFP	2:10.82	2:08.34	58.50	1:09.84
2.	Maria Luisa Silva	65	CFP	NT	2:30.56	1:14.52	1:16.04