

Prova 18		Femin., 100m Bruços			25 - 94 anos	
23/03/2024 - 16:40					Resultados	
RN A(25-29)	1:15.04	Catarina Costa Sequeira	CNLX	Caldas da Rainha	29/01/2023	
RN B(30-34)	1:13.31	Isabel Maria Figueira	CNFA	Mealhada	30/01/2010	
RN C(35-39)	1:14.91	Isabel Maria Figueira	CNFA	Vila Franca de Xira	21/01/2018	
RN D(40-44)	1:14.18	Isabel Maria Figueira	CNFA	Mealhada	20/01/2019	
RN E(45-49)	1:24.78	Catarina Andrade Alves	CNF	Funchal	24/11/2023	
RN F(50-54)	1:28.70	Sarah Coutts	ANE	Sines	07/03/2020	
RN G(55-59)	1:30.79	Maria Helena Carmo	INDANL	Sines	09/03/2024	
RN H(60-64)						
RN I(65-69)						
RN J(70-74)	1:45.73	Luisa Bessone Basto	SAD	Plan-les-Ouates (SUI)	28/04/2018	
RN K(75-79)	1:55.81	Luisa Bessone Basto	SAD	Algés	06/04/2019	
RN L(80-84)	2:23.23	Isabel Maria Raimundo	SAD	Vila Franca de Xira	19/01/2020	
RN M(85-89)	3:15.22	Nair Gomes Sa	ANE	Caldas da Rainha	28/01/2024	

Lugar	Nome	Idade		Tp. Insc.	Tempo final	50m	100m
Master Esc A							
1.	Cristina Alexandra Furtado	28	GDNFAMA	NT	1:31.75	43.71	48.04
2.	Ana Alexandra Oliveira	25	CNV	1:35.00	1:32.55	44.65	47.90
3.	Ines Santos Magalhaes	25	SCA	1:30.00	1:33.91	46.03	47.88
4.	Alexia Alves Fernandes	28	CNV	1:34.93	1:37.02	45.73	51.29
5.	Beatriz Soares Matos	27	GDNFAMA	NT	1:42.92	48.97	53.95
6.	Mariana Goncalves Fernandes	28	CNV	1:57.88	1:48.46	52.43	56.03

Master Esc B							
1.	Ana Lucia Castro	32	SCSJV	1:21.70	1:21.40	39.24	42.16
2.	Maria Joao Naia	33	CDE	1:32.22	1:33.43	42.91	50.52
3.	Ana Rita Sa	33	CDE	1:42.31	1:37.18	47.16	50.02
4.	Diana Maria Espinheira	32	SCSJV	1:38.70	1:38.14	47.50	50.64
5.	Marta Isabel Jordao	33	GDNFAMA	NT	1:39.40	47.99	51.41
6.	Sandra Marisa Machado	31	ADBA	1:47.50	1:52.96	53.37	59.59

Master Esc C							
1.	Ana Filipa Miranda	39	CGA	1:31.78	1:28.91	43.46	45.45

Master Esc D							
1.	Ana DAlte Guedes	44	LSC	1:38.11	1:39.52	47.11	52.41
2.	Joana Matos Nora	44	FCP	1:50.72	1:49.38	53.03	56.35
DSQ	Francisca Pinho Monteiro	42	SCA	1:47.74			
<i>701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1</i>							

Master Esc E							
1.	Teresa Margarida Sousa	49	SCA	1:45.00	1:37.19	47.14	50.05
2.	Joana Margarida Cavaleiro	46	GCF	1:38.47	1:37.56	46.97	50.59
3.	Maria Catarina Cunha	49	SCA	1:45.26	1:49.13	52.94	56.19
4.	Tais Alberta Aita	45	UDO	1:53.64	1:54.80	55.10	59.70
5.	Dalia Maria Oliveira	47	ADP	2:31.68	2:25.02	1:08.81	1:16.21

Master Esc F							
1.	Maria Ines Cunha	52	CGA	1:29.84	1:31.71	44.00	47.71
2.	Susana Maria Soares	54	CNV	2:02.02	1:57.23	55.38	1:01.85
3.	Ana Luisa Garcia	54	LSC	1:55.96	1:58.25	56.80	1:01.45
4.	Manuela Ribeiro Pereira	53	ADBA	2:05.72	2:08.23	1:03.83	1:04.40
5.	Luisa Margarida Henriques	50	CSAAXXI	2:12.37	2:19.15	1:07.01	1:12.14
6.	Sandra Cristina Roma	50	ADBA	2:31.84	2:30.23	1:12.01	1:18.22

Prova 18, Femin., 100m Bruços

Master Esc G

1.	Maria Manuela Sequeira	56	CAPGE	1:37.61	1:39.45	47.86	51.59
2.	Rosalina Bessa Babo	57	FCP	NT	1:53.82	55.40	58.42
3.	Rosa Leitao Costa	59	FOCA	2:00.14	1:57.72	56.50	1:01.22
4.	Paula Cristina Duarte	59	CDF	1:58.93	2:05.89	1:02.21	1:03.68

Master Esc H

1.	Maria Santos Fernandes	62	LSC	1:50.37	1:49.37	52.88	56.49
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Master Esc J

1.	Ana Paula Martins	71	FCP	2:18.52	2:28.39	1:12.18	1:16.21
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