

Classificação Regional Campeonato Interdistrital de Juvenis, Juniores, Seniores  
Coimbra, 21 - 23/6/2024

Prova 4

21/06/2024 - 17:35

Femin., 1500m Livres

Absolutos  
Resultados

Pontos: FINA 2024

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
<b>Juvenis B</b>									
1.	Mariana Dias Pereira	F	214437	10	Algés e Águeda XXI	20:09.49	<b>20:55.96</b>	383	
	100m: 1:15.90	1:15.90	500m: 6:52.55	1:24.51	900m: 12:29.67	1:23.35	1300m: 18:08.28	1:25.62	
	200m: 2:39.39	1:23.49	600m: 8:16.72	1:24.17	1000m: 13:53.47	1:23.80	1400m: 19:32.83	1:24.55	
	300m: 4:02.71	1:23.32	700m: 9:41.39	1:24.67	1100m: 15:18.03	1:24.56	1500m: 20:55.96	1:23.13	
	400m: 5:28.04	1:25.33	800m: 11:06.32	1:24.93	1200m: 16:42.66	1:24.63			

**Juvenis A**

1.	Beatriz Ferreira Miguel	F	208423	09	Algés e Águeda XXI	20:52.20	<b>21:22.60</b>	369	
	100m: 1:17.64	1:17.64	500m: 6:54.29	1:24.65	900m: 12:38.01	1:26.60	1300m: 18:28.60	1:27.95	
	200m: 2:41.23	1:23.59	600m: 8:19.38	1:25.09	1000m: 14:05.19	1:27.18	1400m: 19:55.94	1:27.34	
	300m: 4:05.42	1:24.19	700m: 9:45.23	1:25.85	1100m: 15:32.59	1:27.40	1500m: 21:22.60	1:26.66	
	400m: 5:29.64	1:24.22	800m: 11:11.41	1:26.18	1200m: 17:00.65	1:28.06			

**Juniores**

1.	Bianca Filipa Almeida	F	204110	07	Algés e Águeda XXI	18:20.95	<b>18:44.69</b>	548	
	100m: 1:10.25	1:10.25	500m: 6:10.45	1:15.71	900m: 11:12.72	1:14.62	1300m: 16:14.84	1:15.76	
	200m: 2:24.57	1:14.32	600m: 7:26.23	1:15.78	1000m: 12:28.08	1:15.36	1400m: 17:30.52	1:15.68	
	300m: 3:39.55	1:14.98	700m: 8:42.22	1:15.99	1100m: 13:43.52	1:15.44	1500m: 18:44.69	1:14.17	
	400m: 4:54.74	1:15.19	800m: 9:58.10	1:15.88	1200m: 14:59.08	1:15.56			
2.	Alice Mendes Macedo	F	208163	08	Estamos Juntos	18:28.28	<b>19:44.44</b>	469	
	100m: 1:10.70	1:10.70	500m: 6:27.61	1:20.43	900m: 11:48.01	1:19.96	1300m: 17:07.31	1:19.72	
	200m: 2:27.86	1:17.16	600m: 7:48.15	1:20.54	1000m: 13:08.30	1:20.29	1400m: 18:26.70	1:19.39	
	300m: 3:47.34	1:19.48	700m: 9:08.21	1:20.06	1100m: 14:28.55	1:20.25	1500m: 19:44.44	1:17.74	
	400m: 5:07.18	1:19.84	800m: 10:28.05	1:19.84	1200m: 15:47.59	1:19.04			
3.	Leonor Pereira Rocha	F	205433	08	Sporting de Espinho	21:13.70	<b>21:54.16</b>	343	
	100m: 1:18.58	1:18.58	500m: 7:09.81	1:28.40	900m: 13:05.87	1:29.54	1300m: 19:01.83	1:28.61	
	200m: 2:45.62	1:27.04	600m: 8:38.66	1:28.85	1000m: 14:34.74	1:28.87	1400m: 20:30.51	1:28.68	
	300m: 4:13.30	1:27.68	700m: 10:07.05	1:28.39	1100m: 16:04.27	1:29.53	1500m: 21:54.16	1:23.65	
	400m: 5:41.41	1:28.11	800m: 11:36.33	1:29.28	1200m: 17:33.22	1:28.95			