

Classificação Regional Campeonato Interdistrital de Juvenis, Juniores, Seniores
Coimbra, 21 - 23/6/2024

Prova 8

22/06/2024 - 10:10

Femin., 400m Estilos

Absolutos
Resultados

Pontos: FINA 2024

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
Juvenis B									
1.	Leonor Nunes Cardeal	F	201021	10	Individual ANCP	5:22.34	5:44.19	460	
	50m: 34.13	34.13	150m: 2:03.27	44.89	250m: 3:35.84	49.57	350m: 5:06.10	39.12	
	100m: 1:18.38	44.25	200m: 2:46.27	43.00	300m: 4:26.98	51.14	400m: 5:44.19	38.09	
2.	Mariana Dias Pereira	F	214437	10	Algés e Águeda XXI	5:41.93	6:03.67	390	
	50m: 38.25	38.25	150m: 2:10.49	46.96	250m: 3:48.29	52.37	350m: 5:22.26	41.35	
	100m: 1:23.53	45.28	200m: 2:55.92	45.43	300m: 4:40.91	52.62	400m: 6:03.67	41.41	
Juvenis A									
1.	Marta Oliveira Silva	F	208167	09	Sanjoanense	5:26.17	5:41.51	471	
	50m: 33.35	33.35	150m: 2:00.91	47.66	250m: 3:33.38	48.09	350m: 5:03.11	39.75	
	100m: 1:13.25	39.90	200m: 2:45.29	44.38	300m: 4:23.36	49.98	400m: 5:41.51	38.40	
Juniores									
1.	Nuria Soares Silva	F	203604	07	Sao Joao Ver	5:13.13	5:28.28	531	
	50m: 32.95	32.95	150m: 1:55.45	43.73	250m: 3:25.81	46.86	350m: 4:50.81	38.30	
	100m: 1:11.72	38.77	200m: 2:38.95	43.50	300m: 4:12.51	46.70	400m: 5:28.28	37.47	
2.	Carolina Mendes Nunes	F	205710	08	Estarreja	5:11.09	5:32.78	509	
	50m: 33.78	33.78	150m: 1:58.99	45.06	250m: 3:30.72	48.14	350m: 4:56.28	37.65	
	100m: 1:13.93	40.15	200m: 2:42.58	43.59	300m: 4:18.63	47.91	400m: 5:32.78	36.50	
Seniores									
1.	Ana Filipa Veiga	F	125558	01	Gafanha da Encarnacao	4:52.85	5:11.26	623	
	50m: 32.68	32.68	150m: 1:53.55	42.67	250m: 3:17.78	42.85	350m: 4:36.05	35.78	
	100m: 1:10.88	38.20	200m: 2:34.93	41.38	300m: 4:00.27	42.49	400m: 5:11.26	35.21	
2.	Beatriz Nunes Cardeal	F	124753	04	Individual ANCP	4:57.54	5:20.39	571	
	50m: 31.21	31.21	150m: 1:51.20	43.85	250m: 3:19.63	47.00	350m: 4:43.74	38.08	
	100m: 1:07.35	36.14	200m: 2:32.63	41.43	300m: 4:05.66	46.03	400m: 5:20.39	36.65	
3.	Maria Joao Ribeiro	F	133241	05	Sao Joao Ver	5:11.51	5:25.36	545	
	50m: 33.25	33.25	150m: 1:56.11	44.96	250m: 3:24.77	45.13	350m: 4:47.85	38.37	
	100m: 1:11.15	37.90	200m: 2:39.64	43.53	300m: 4:09.48	44.71	400m: 5:25.36	37.51	
4.	Barbara Nunes Marques	F	200027	06	Estarreja	5:27.84	5:29.99	523	
	50m: 33.23	33.23	150m: 1:55.22	42.53	250m: 3:24.30	46.61	350m: 4:52.93	39.50	
	100m: 1:12.69	39.46	200m: 2:37.69	42.47	300m: 4:13.43	49.13	400m: 5:29.99	37.06	
5.	Sara Calisto Pimentel	F	128091	05	Gafanha da Encarnacao	5:29.76	5:33.65	505	
	50m: 33.77	33.77	150m: 1:58.17	45.83	250m: 3:30.38	47.98	350m: 4:56.36	38.38	
	100m: 1:12.34	38.57	200m: 2:42.40	44.23	300m: 4:17.98	47.60	400m: 5:33.65	37.29	