

Prova 17 Masc., 400m Livres 12 - 14 anos  
24/01/2026 - 18:59 Resultados

Recordes Reg ANCNP 25m Open	3:49.02	Diogo Filipe Carvalho	CGA	S. Antonio Cavaleiros	21/12/2012
Recordes Reg ANCNP 25m Inf A 14	4:19.33	Duarte Miguel Jorge	CGA	Abrantes	21/02/2015
Recordes Reg ANCNP 25m Inf B 13	4:30.17	David Emanuel Tomé	HCM	Espinho	14/05/2016

Pontos: AQUA 2025

**Cadetes A**

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
1.	Artur Jorge Fraga	M	220295	14	Sanjoanense/FEPSA	NT	<b>6:33.73</b>	156	
	50m: 46.35	46.35	150m: 2:25.70	50.07	250m: 4:06.74	49.68	350m: 5:47.49	49.47	
	100m: 1:35.63	49.28	200m: 3:17.06	51.36	300m: 4:58.02	51.28	400m: 6:33.73	46.24	

**Infantis B**

1.	Andre Silva Marques <i>TAC Interdistrital</i>	M	223417	13	Sporting de Espinho	5:48.30	<b>5:23.78</b>	281	
	50m: 35.71	35.71	150m: 1:58.13	41.92	250m: 3:22.59	41.93	350m: 4:45.53	41.00	
	100m: 1:16.21	40.50	200m: 2:40.66	42.53	300m: 4:04.53	41.94	400m: 5:23.78	38.25	

**Infantis A**

1.	Danilo Movchan <i>TAC Nacional</i>	M	214029	12	UD Oliveirense/FERSILVA	4:52.24	<b>4:38.48</b>	442	
	50m: 30.50	30.50	150m: 1:39.95	35.25	250m: 2:51.52	35.89	350m: 4:03.28	35.81	
	100m: 1:04.70	34.20	200m: 2:15.63	35.68	300m: 3:27.47	35.95	400m: 4:38.48	35.20	
2.	Rodrigo Silva Almeida <i>TAC Nacional</i>	M	215207	12	Sporting de Espinho	4:59.56	<b>4:40.71</b>	432	
	50m: 30.43	30.43	150m: 1:40.21	35.28	250m: 2:52.21	36.50	350m: 4:05.60	36.88	
	100m: 1:04.93	34.50	200m: 2:15.71	35.50	300m: 3:28.72	36.51	400m: 4:40.71	35.11	
3.	Cristofer Alejandro Alarcon <i>TAC Nacional</i>	M	225820	12	Galitos / Bresimar	5:10.63	<b>4:44.96</b>	413	
	50m: 31.24	31.24	150m: 1:41.19	35.83	250m: 2:54.66	36.99	350m: 4:08.82	36.94	
	100m: 1:05.36	34.12	200m: 2:17.67	36.48	300m: 3:31.88	37.22	400m: 4:44.96	36.14	
4.	Joao Tavares Rebola <i>TAC Interdistrital</i>	M	213604	12	Galitos / Bresimar	5:34.17	<b>5:08.19</b>	326	
	50m: 35.91	35.91	150m: 1:53.54	38.97	250m: 3:11.42	38.89	350m: 4:30.24	39.12	
	100m: 1:14.57	38.66	200m: 2:32.53	38.99	300m: 3:51.12	39.70	400m: 5:08.19	37.95	
5.	Duarte Baldaia Assuncao <i>TAC Interdistrital</i>	M	213556	12	Sporting de Espinho	5:54.86	<b>5:23.94</b>	281	
	50m: 35.75	35.75	150m: 1:55.00	40.30	250m: 3:19.44	42.28	350m: 4:44.38	43.09	
	100m: 1:14.70	38.95	200m: 2:37.16	42.16	300m: 4:01.29	41.85	400m: 5:23.94	39.56	
6.	Salvador Tavares Terra <i>TAC Interdistrital</i>	M	214471	12	Clube Desportivo de Estarreja	5:56.10	<b>5:34.61</b>	255	
	50m: 35.37	35.37	150m: 1:58.46	42.10	250m: 3:24.59	43.84	350m: 4:52.93	43.67	
	100m: 1:16.36	40.99	200m: 2:40.75	42.29	300m: 4:09.26	44.67	400m: 5:34.61	41.68	
7.	Tiago Moreira Carvalhosa	M	215162	12	Gafanha da Encarnação	6:02.52	<b>5:47.24</b>	228	
	50m: 37.68	37.68	150m: 2:06.82	45.53	250m: 3:36.56	44.92	350m: 5:05.99	45.13	
	100m: 1:21.29	43.61	200m: 2:51.64	44.82	300m: 4:20.86	44.30	400m: 5:47.24	41.25	
8.	Henrique Leite Santos	M	223297	12	Gafanha da Encarnação	NT	<b>6:09.31</b>	189	
	50m: 39.05	39.05	150m: 2:10.72	46.83	250m: 3:46.62	48.50	350m: 5:23.70	48.92	
	100m: 1:23.89	44.84	200m: 2:58.12	47.40	300m: 4:34.78	48.16	400m: 6:09.31	45.61	