

Campeonato Regional ALVES BANDEIRA 2
Mealhada, 21 - 22/2/2026

Prova 17 Masc., 1500m Livres Absolutos
21/02/2026 - 15:54 Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Sen	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Rec Nac 25m Juv A 16	15:36.31	Rui Filipe Costa	VSC	Braga	04/03/2007
Recordes Reg ANCNP 25m Open	15:36.34	Gustavo Carvalhais Ribeiro	CGA	Leiria	15/12/2019
Recordes Reg ANCNP 25m Sen	16:16.97	Pedro Rafael Garcia	AVFC	Porto	21/12/2014
Recordes Reg ANCNP 25m Jun17	15:36.34	Gustavo Carvalhais Ribeiro	CGA	Leiria	15/12/2019
Recordes Reg ANCNP 25m Juv A 16	15:53.46	Duarte Miguel Jorge	CGA	Mealhada	26/03/2017

TFO REGIONAL - SEN Sen: 19:19.13 / TFO REGIONAL - JUN Jun: 19:50.48 / TFO REGIONAL - JUV A Juv A 16: 20:25.51 / TAC-N Jun 17 Jun17: 16:47.58 / TAC-N JUL Juv A Juv A 16: 17:06.41 / TAC-N MAR Juv A Juv A 16: 17:25.24 / TAC-N Sen 22+ 22 +: 16:00.49 / TAC-N Sen Sub 21 19 - 21: 16:09.91 / TAC-ID Juv A Juv A 16: 19:37.59 / TAC-ID Jun Jun: 19:04.42 / TAC-ID Sen Sen: 18:31.25

Pontos: AQUA 2025

Juvenis A

Lugar	Nome	Sexo	Licença	Ano	Clube	TP. Insc.	Tempo Final	Pts	Obs
1.	Andre Ferreira Santos <i>TAC Nacional Julho JUV A</i>	M	213542	16	Academico Viseu Futebol Clube	16:59.34	17:03.28	566	
	50m: 30.94	30.94	450m: 5:01.09	33.87	850m: 9:32.51	34.21	1250m: 14:10.54	35.18	
	100m: 1:04.49	33.55	500m: 5:34.91	33.82	900m: 10:06.73	34.22	1300m: 14:45.32	34.78	
	150m: 1:38.17	33.88	550m: 6:08.62	33.71	950m: 10:41.40	34.67	1350m: 15:20.08	34.76	
	200m: 2:12.00	33.83	600m: 6:42.66	34.04	1000m: 11:16.16	34.76	1400m: 15:55.36	35.28	
	250m: 2:45.87	33.87	650m: 7:16.54	33.88	1050m: 11:51.10	34.94	1450m: 16:30.70	35.34	
	300m: 3:19.75	33.88	700m: 7:50.37	33.83	1100m: 12:25.86	34.76	1500m: 17:03.28	32.58	
	350m: 3:53.52	33.77	750m: 8:24.39	34.02	1150m: 13:00.53	34.67			
	400m: 4:27.22	33.70	800m: 8:58.30	33.91	1200m: 13:35.36	34.83			
2.	Tiago Joao Olas <i>TAC Interdistrital</i>	M	215503	16	Academico Viseu Futebol Clube	17:29.68	17:47.13	499	
	50m: 31.62	31.62	450m: 5:18.30	36.31	850m: 10:07.72	36.07	1250m: 14:53.58	35.46	
	100m: 1:06.68	35.06	500m: 5:54.66	36.36	900m: 10:43.35	35.63	1300m: 15:29.22	35.64	
	150m: 1:42.29	35.61	550m: 6:31.03	36.37	950m: 11:19.02	35.67	1350m: 16:04.53	35.31	
	200m: 2:17.92	35.63	600m: 7:07.44	36.41	1000m: 11:54.77	35.75	1400m: 16:39.94	35.41	
	250m: 2:53.59	35.67	650m: 7:43.44	36.00	1050m: 12:30.86	36.09	1450m: 17:14.84	34.90	
	300m: 3:29.43	35.84	700m: 8:19.60	36.16	1100m: 13:06.61	35.75	1500m: 17:47.13	32.29	
	350m: 4:05.48	36.05	750m: 8:55.58	35.98	1150m: 13:42.31	35.70			
	400m: 4:41.99	36.51	800m: 9:31.65	36.07	1200m: 14:18.12	35.81			

Juniores

1.	Guilherme Almeida Bianchi <i>TAC Interdistrital</i>	M	210624	17	O Crasto	18:10.96	17:40.53	509	
	50m: 31.40	31.40	450m: 5:12.79	35.47	850m: 9:56.94	35.54	1250m: 14:44.07	35.72	
	100m: 1:05.83	34.43	500m: 5:48.49	35.70	900m: 10:32.85	35.91	1300m: 15:20.25	36.18	
	150m: 1:40.99	35.16	550m: 6:24.05	35.56	950m: 11:08.82	35.97	1350m: 15:56.30	36.05	
	200m: 2:16.04	35.05	600m: 6:59.79	35.74	1000m: 11:44.70	35.88	1400m: 16:32.00	35.70	
	250m: 2:51.16	35.12	650m: 7:35.19	35.40	1050m: 12:20.24	35.54	1450m: 17:07.55	35.55	
	300m: 3:26.57	35.41	700m: 8:10.81	35.62	1100m: 12:56.05	35.81	1500m: 17:40.53	32.98	
	350m: 4:01.97	35.40	750m: 8:46.18	35.37	1150m: 13:32.18	36.13			
	400m: 4:37.32	35.35	800m: 9:21.40	35.22	1200m: 14:08.35	36.17			

Seniores

1.	Filipe Santos Cardoso <i>TAC Interdistrital</i>	M	130500	22	Gafanha da Encarnação	16:26.72	16:38.21	610	
	50m: 30.91	30.91	450m: 5:00.62	33.81	850m: 9:28.38	33.48	1250m: 13:54.28	33.40	
	100m: 1:04.18	33.27	500m: 5:34.04	33.42	900m: 10:01.30	32.92	1300m: 14:27.57	33.29	
	150m: 1:37.95	33.77	550m: 6:07.80	33.76	950m: 10:34.54	33.24	1350m: 15:00.86	33.29	
	200m: 2:11.78	33.83	600m: 6:41.37	33.57	1000m: 11:07.80	33.26	1400m: 15:34.17	33.31	
	250m: 2:45.67	33.89	650m: 7:14.86	33.49	1050m: 11:40.87	33.07	1450m: 16:06.74	32.57	
	300m: 3:19.59	33.92	700m: 7:48.14	33.28	1100m: 12:13.99	33.12	1500m: 16:38.21	31.47	
	350m: 3:53.23	33.64	750m: 8:21.67	33.53	1150m: 12:47.27	33.28			
	400m: 4:26.81	33.58	800m: 8:54.90	33.23	1200m: 13:20.88	33.61			

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Mealhada, 21 - 22/2/2026

Prova 17, Masc., 1500m Livres, Seniores

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.				Tempo Final	Pts	Obs
2.	A. Goncalves <i>TAC Interdistrital</i>	M	128601	21	Clube Desportivo Feirense	16:42.33				16:54.94	580	
	50m:	29.95	29.95	450m:	4:54.91	33.11	850m:	9:26.75	34.26	1250m:	14:03.67	35.21
	100m:	1:02.22	32.27	500m:	5:28.80	33.89	900m:	10:01.00	34.25	1300m:	14:38.52	34.85
	150m:	1:35.02	32.80	550m:	6:02.29	33.49	950m:	10:34.64	33.64	1350m:	15:13.11	34.59
	200m:	2:07.85	32.83	600m:	6:36.09	33.80	1000m:	11:08.68	34.04	1400m:	15:47.46	34.35
	250m:	2:41.22	33.37	650m:	7:10.16	34.07	1050m:	11:43.44	34.76	1450m:	16:21.98	34.52
	300m:	3:14.65	33.43	700m:	7:44.20	34.04	1100m:	12:18.63	35.19	1500m:	16:54.94	32.96
	350m:	3:48.24	33.59	750m:	8:18.12	33.92	1150m:	12:54.00	35.37			
	400m:	4:21.80	33.56	800m:	8:52.49	34.37	1200m:	13:28.46	34.46			