

Campeonato Regional ALVES BANDEIRA 2
Mealhada, 21 - 22/2/2026

Prova 35 Femin., 200m Livres
22/02/2026 - 10:47 Absolutos Resultados

Rec Nac 25m Open	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	12/04/2025
Rec Nac 25m Sen	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	12/04/2025
Rec Nac 25m Jun 18	1:59.25	Francisca Soares Martins	FOCA	Felgueiras	17/07/2021
Rec Nac 25m Jun17	1:59.62	Leticia Maia Andre	SLB	Felgueiras	23/12/2018
Rec Nac 25m Juv A 16	2:01.12	Francisca Soares Martins	FOCA	Felgueiras	27/04/2019
Rec Nac 25m Juv B 15	2:03.90	Maria Ferreira Moura	SCP	Algés	29/06/2019
Recordes Reg ANCNP 25m Open	2:02.98	Joana Nunes Cardeal	AVFC	Gafanha de Nazaré	03/07/2021
Recordes Reg ANCNP 25m Sen	2:02.98	Joana Nunes Cardeal	AVFC	Gafanha de Nazaré	03/07/2021
Recordes Reg ANCNP 25m Jun 18	2:03.87	Joana Costa Amador	CGA	Felgueiras	23/12/2018
Recordes Reg ANCNP 25m Jun17	2:05.01	Ana Sofia Pina	CRASTO	Felgueiras	23/12/2018
Recordes Reg ANCNP 25m Juv A 16	2:04.10	Carolina Ratola Taveira	CGA	Mealhada	21/02/2026
Recordes Reg ANCNP 25m Juv B 15	2:05.54	Ana Sofia Pina	CRASTO	Mealhada	26/03/2017

TFO REGIONAL - SEN Sen: 2:30.98 / TFO REGIONAL - JUN Jun: 2:35.07 / TFO REGIONAL - JUV A Juv A 16: 2:39.63 / TFO REGIONAL - JUV B Juv B 15: 2:44.78 / TAC-N Jun 17 Jun17: 2:11.94 / TAC-N Jun 18 Jun 18: 2:09.45 / TAC-N JUL Juv A Juv A 16: 2:14.43 / TAC-N JUL Juv B Juv B 15: 2:19.41 / TAC-N MAR Juv A Juv A 16: 2:16.92 / TAC-N MAR Juv B Juv B 15: 2:21.90 / TAC-N Sen 22+ 22 +: 2:06.96 / TAC-N Sen Sub 21 19 - 21: 2:08.20 / TAC-ID Juv A Juv A 16: 2:29.03 / TAC-ID Juv B Juv B 15: 2:32.56 / TAC-ID Jun Jun: 2:25.50 / TAC-ID Sen Sen: 2:21.97

Pontos: AQUA 2025

Lugar	Idade		Tp. insc.	Tempo final	Pts	50m	100m	150m	200m	
Juvenis B										
1.	Alice Maria Rodrigues	15	AVFC	2:17.66	2:17.00	522	32.30	34.89	35.32	34.49
	<i>TAC Nacional Julho JUV B</i>									
2.	Frederica Vinhas Vieira	15	CDCA	2:18.44	2:17.13	520	31.59	34.63	35.96	34.95
	<i>TAC Nacional Julho JUV B</i>									
3.	Ana Teresa Roldao	15	AVFC	2:21.74	2:20.39	485	31.93	35.35	36.87	36.24
	<i>TAC Nacional Março JUV B</i>									
4.	Ines Sousa Ribeiro	15	CDF	2:20.69	2:25.08	439	32.14	35.93	38.62	38.39
	<i>TAC Interdistrital</i>									
5.	Ines Afonso Borges	15	SCE	2:24.41	2:25.39	436	32.47	36.47	38.73	37.72
	<i>TAC Interdistrital</i>									
6.	Mariana Moreira Lopes	15	CDF	2:28.46	2:27.32	419	33.61	37.33	38.91	37.47
	<i>TAC Interdistrital</i>									
7.	Lia Tome Mateus	15	CNVA	2:31.86	2:34.16	366	35.60	38.78	39.85	39.93
8.	Sara Soares Pinto	15	CDF	2:48.14	2:46.78	289	35.72	42.11	45.55	43.40
	<i>FTL</i>									

Juvenis A

1.	Carolina Ratola Taveira	16	CGA	2:07.09	2:04.97	687	29.87	32.66	31.69	30.75
	<i>TAC Nacional Julho JUV A</i>									
2.	Sofia Rodrigues Vasconcelos	16	CGA	2:10.55	2:13.58	563	31.22	33.77	34.60	33.99
	<i>TAC Nacional Julho JUV A</i>									
3.	Leonor Silva Jesus	16	CGA	2:16.71	2:17.73	513	31.66	34.75	35.84	35.48
	<i>TAC Interdistrital</i>									
4.	Mariana Pina Macedo	16	AEJ	2:26.09	2:25.35	437	33.16	37.41	38.22	36.56
	<i>TAC Interdistrital</i>									
5.	Maria Lino Padua	16	SCE	2:25.99	2:25.73	433	32.25	36.20	38.87	38.41
	<i>TAC Interdistrital</i>									
6.	Leonor Delgadinho Rocha	16	CDF	2:31.51	2:33.01	374	34.22	38.27	40.52	40.00

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Juniores

1.	Joana Almeida Santos <i>TAC Interdistrital</i>	17	CGA	2:13.31	2:19.16	498	32.20	34.84	35.90	36.22
2.	Gabriela Lopes Fernandes <i>TAC Interdistrital</i>	17	CRASTO	2:21.14	2:21.96	469	32.91	35.63	36.74	36.68
3.	Rita Resende Neves	18	AEJ	NT	2:30.78	391	34.51	38.64	39.19	38.44
4.	Maria Beatriz Matos	18	CDE	2:32.67	2:34.60	363	35.76	39.19	39.81	39.84

Seniores

1.	Carolina Vizinho Cabral <i>TAC Nacional Sub 21</i>	19	CGA	2:04.99	2:04.95	688	30.25	32.13	31.72	30.85
2.	Erica Domitila Amador <i>TAC Interdistrital</i>	19	CDE	2:08.81	2:11.95	584	30.29	33.75	34.11	33.80
3.	Maria Emilia Almeida <i>TAC Interdistrital</i>	19	CGA	2:13.16	2:12.95	571	32.31	34.00	33.63	33.01
4.	Beatriz Rocha Santos <i>TAC Interdistrital</i>	24	CDCA	2:17.65	2:16.75	524	31.73	34.10	35.48	35.44