

Campeonato Regional ALVES BANDEIRA 2
Mealhada, 21 - 22/2/2026

Prova 46

22/02/2026 - 17:01

Femin., 200m Costas

Absolutos
Resultados

Rec Nac 25m Open	2:03.51	Camila Rodrigues Rebelo	POR	Lublin (POL)	03/12/2025
Rec Nac 25m Sen	2:03.51	Camila Rodrigues Rebelo	POR	Lublin (POL)	03/12/2025
Rec Nac 25m Jun 18	2:10.31	Camila Rodrigues Rebelo	ALN	Gafanha da Nazare	18/07/2021
Rec Nac 25m Jun17	2:11.13	Camila Rodrigues Rebelo	ALN	Felgueiras	20/12/2019
Rec Nac 25m Juv A 16	2:11.74	Camila Rodrigues Rebelo	ALN	Felgueiras	21/12/2018
Rec Nac 25m Juv B 15	2:14.11	Camila Rodrigues Rebelo	ALN	Condeixa	12/05/2018
Recordes Reg ANCNP 25m Open	2:14.39	Joana Nunes Cardeal	AVFC	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Sen	2:14.88	Joana Nunes Cardeal	AVFC	Leiria	09/12/2022
Recordes Reg ANCNP 25m Jun 18	2:14.39	Joana Nunes Cardeal	AVFC	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Jun17	2:18.03	Joana Nunes Cardeal	AVFC	Stº António dos Cavaleiros	09/12/2018
Recordes Reg ANCNP 25m Juv A 16	2:17.44	Carolina Ratola Taveira	CGA	Estarreja	08/12/2025
Recordes Reg ANCNP 25m Juv B 15	2:17.77	Carolina Miranda Fernandes	CGA	Mealhada	08/12/2019

TFO REGIONAL - SEN Sen: 2:43.79 / TFO REGIONAL - JUN Jun: 2:47.20 / TFO REGIONAL - JUV A Juv A 16: 2:52.12 / TFO REGIONAL - JUV B Juv B 15: 3:01.53 / TAC-N Jun 17 Jun17: 2:29.16 / TAC-N Jun 18 Jun 18: 2:26.35 / TAC-N JUL Juv A Juv A 16: 2:31.98 / TAC-N JUL Juv B Juv B 15: 2:37.61 / TAC-N MAR Juv A Juv A 16: 2:34.79 / TAC-N MAR Juv B Juv B 15: 2:40.42 / TAC-N Sen 22+ 22 +: 2:23.53 / TAC-N Sen Sub 21 19 - 21: 2:24.94 / TAC-ID Juv A Juv A 16: 2:48.80 / TAC-ID Juv B Juv B 15: 2:52.80 / TAC-ID Jun Jun: 2:44.79 / TAC-ID Sen Sen: 2:40.80

Pontos: AQUA 2025

Lugar	Idade		Tp. insc.	Tempo final	Pts	50m	100m	150m	200m	
Juvenis B										
1.	Frederica Vinhas Vieira <i>TAC Nacional Julho JUV B</i>	15	CDCA	2:31.56	2:26.12	527	34.03	37.18	37.88	37.03
2.	Francisca Coelho Lucena <i>TAC Interdistrital</i>	15	CRASTO	2:46.11	2:45.93	360	39.31	42.04	43.13	41.45
3.	Leonor Matos Castanheira	15	AEFDT	3:01.09	2:55.25	305	40.99	44.59	45.00	44.67
Juvenis A										
1.	Carolina Ratola Taveira <i>Recorde Regional ANCNP, TAC Nacional Julho JUV A</i>	16	CGA	2:17.44	2:15.17	665	31.89	34.57	34.80	33.91
Juniores										
1.	Joana Almeida Santos <i>TAC Nacional JUN 17</i>	17	CGA	2:21.76	2:26.73	520	35.22	36.83	37.64	37.04
2.	Marta Antunes Castro <i>TAC Interdistrital</i>	17	CGA	2:28.75	2:30.09	486	34.10	37.68	39.01	39.30
3.	Leonor Oliveira Teixeira <i>TAC Interdistrital</i>	18	CDE	2:36.14	2:38.45	413	37.48	40.37	41.12	39.48
4.	Ana Jorge Goncalves <i>TAC Interdistrital</i>	18	CDE	2:37.93	2:39.21	407	37.45	39.68	40.73	41.35
5.	Gabriela Lopes Fernandes <i>FTL</i>	17	CRASTO	2:44.49	2:48.41	344	40.10	43.35	43.65	41.31
Seniores										
1.	Nuria Resende Silva <i>TAC Interdistrital</i>	19	SCE	2:27.75	2:29.27	494	34.61	37.84	39.19	37.63
2.	Mariana Nunes Marques <i>TAC Interdistrital</i>	23	CDE	2:29.79	2:29.89	488	34.68	38.06	39.18	37.97
3.	Lara Pinho Silva <i>TAC Interdistrital</i>	19	CDF	2:31.10	2:31.68	471	34.26	38.55	39.91	38.96

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4. Barbara Nunes Marques <i>TAC Interdistrital</i>	20	CDE	2:34.88	2:34.41	446	36.20	38.92	40.15	39.14
5. Maria Joao Ribeiro <i>TAC Interdistrital</i>	21	CDF	NT	2:37.45	421	37.39	39.34	41.06	39.66
6. Maria Miguel Valente	20	CDE	2:42.33	2:41.08	393	38.33	40.15	41.22	41.38