

Prova 24 Masc., 400m Livres 15 anos e mais velhos
18/10/2025 - 15:49 Resultados

R N 25m Open	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
R N 25m Sen	3:42.57	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	16/12/2021
R N 25m Jun18	3:50.52	Adriano Miguel Niz	CFV	Fafe	26/06/2004
R N 25m Jun17	3:52.60	Rui Silva Pereira	ADRCIMM	Tomar	14/12/2024
R N 25m Juv A 16	3:58.45	Rui Silva Pereira	ADRCIMM	Sines	17/12/2023
R N 25m Juv B 15	4:01.42	Rui Silva Pereira	POR	Tomar	15/01/2023
Recordes Reg ANCNP 25m Open	3:49.02	Diogo Filipe Carvalho	CGA	S. Antonio Cavaleiros	21/12/2012
Recordes Reg ANCNP 25m Sen	3:49.02	Diogo Filipe Carvalho	CGA	STº Antonio Cavaleiros	21/12/2012
Recordes Reg ANCNP 25m Jun18	3:55.07	Gustavo Carvalhais Ribeiro	CGA	Gafanha de Nazar�	18/07/2021
Recordes Reg ANCNP 25m Jun17	3:56.61	Gustavo Carvalhais Ribeiro	CGA	Leiria	14/12/2019
Recordes Reg ANCNP 25m Juv A 16	4:01.35	Diogo Filipe Carvalho	ANCNP	Anadia	28/02/2004
Recordes Reg ANCNP 25m Juv B 15	4:05.91	Diogo Filipe Carvalho	CGA	Braga	01/03/2003

TAC-N JUL Masc Juv A Juv A 16: 4:16.74 / TAC-N JUL Masc Juv B Juv B 15: 4:26.25 / TAC-N MAR Masc Juv A Juv A 16: 4:21.49 /
TAC-N MAR Masc Juv B Juv B 15: 4:31.00 / TAC-N PC Masc Jun 17 Jun17: 4:11.98 / TAC-N PC Masc Jun 18 Jun18: 4:07.23 /
TAC-N PC Masc Sen Sub 21 19 - 21: 4:04.85 / TAC-N PC Masc Sen 22+ 22 +: 4:02.47 / TAC-Z Masc Juv A Juv A 16: 4:26.25 /
TAC-Z Masc Juv B Juv B 15: 4:35.76

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licen�a	Ano	Clube	Tempo Final	AQUA	Pts	Obs
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Juvenis

1.	Andre Ferreira Santos <i>TAC Zonal</i>	M	213542	10	Academico Viseu Futebol Clube	4:25.49	510	510,00	
	50m: 30.02 30.02		150m: 1:35.46	32.83	250m: 2:42.02	33.51	350m: 3:50.79	34.43	
	100m: 1:02.63 32.61		200m: 2:08.51	33.05	300m: 3:16.36	34.34	400m: 4:25.49	34.70	
2.	Rafael Pires Parente	M	213541	10	Academico Viseu Futebol Clube	4:29.19	490	-	
	50m: 29.99 29.99		150m: 1:36.37	33.34	250m: 2:45.06	34.57	350m: 3:55.48	35.38	
	100m: 1:03.03 33.04		200m: 2:10.49	34.12	300m: 3:20.10	35.04	400m: 4:29.19	33.71	
3.	Miguel Miranda Fernandes <i>TAC Nacional Mar�o</i>	M	141320	11	Galitos / Bresimar	4:30.47	483	483,00	
	50m: 30.14 30.14		150m: 1:37.23	34.02	250m: 2:47.10	35.01	350m: 3:57.37	34.85	
	100m: 1:03.21 33.07		200m: 2:12.09	34.86	300m: 3:22.52	35.42	400m: 4:30.47	33.10	
4.	Tomas Figueiredo Branco	M	206651	10	Galitos / Bresimar	4:35.28	458	-	
	50m: 31.10 31.10		150m: 1:39.28	34.33	250m: 2:49.37	35.24	350m: 4:00.87	35.77	
	100m: 1:04.95 33.85		200m: 2:14.13	34.85	300m: 3:25.10	35.73	400m: 4:35.28	34.41	
5.	Santiago Vagos Valente	M	215177	11	Galitos / Bresimar	4:36.36	453	-	
	50m: 31.78 31.78		150m: 1:41.01	34.82	250m: 2:51.67	35.29	350m: 4:02.71	35.44	
	100m: 1:06.19 34.41		200m: 2:16.38	35.37	300m: 3:27.27	35.60	400m: 4:36.36	33.65	
6.	Afonso Saldanha Costa	M	206672	11	O Crasto	4:53.36	378	378,00	
	50m: 33.13 33.13		150m: 1:46.93	37.11	250m: 3:02.20	38.24	350m: 4:17.34	37.23	
	100m: 1:09.82 36.69		200m: 2:23.96	37.03	300m: 3:40.11	37.91	400m: 4:53.36	36.02	
7.	Duarte Miguel Santos	M	214460	11	Clube Desportivo de Estarreja	4:56.25	367	367,00	
	50m: 32.32 32.32		150m: 1:46.56	37.69	250m: 3:02.85	38.29	350m: 4:19.35	37.99	
	100m: 1:08.87 36.55		200m: 2:24.56	38.00	300m: 3:41.36	38.51	400m: 4:56.25	36.90	
8.	Tomas Orioli Pacheco	M	212227	10	Clube Desportivo Feirense	5:03.79	341	341,00	
	50m: 31.64 31.64		150m: 1:44.82	38.01	250m: 3:03.96	39.61	350m: 4:24.87	40.57	
	100m: 1:06.81 35.17		200m: 2:24.35	39.53	300m: 3:44.30	40.34	400m: 5:03.79	38.92	
DSQ	Tiago Joao Olas <i>403 - Falsa partida - SW 4.4</i>	M	215503	10	Academico Viseu Futebol Clube				-

Juniores

1.	Antonio Cruz Fardilha	M	140216	08	Galitos / Bresimar	4:18.99	550	550,00	
	50m: 29.09 29.09		150m: 1:33.78	32.65	250m: 2:40.26	33.20	350m: 3:47.20	33.46	
	100m: 1:01.13 32.04		200m: 2:07.06	33.28	300m: 3:13.74	33.48	400m: 4:18.99	31.79	
2.	Guilherme Martins Silva	M	204688	08	Academico Viseu Futebol Clube	4:30.06	485	485,00	
	50m: 30.04 30.04		150m: 1:35.02	32.75	250m: 2:42.51	33.95	350m: 3:54.65	36.89	
	100m: 1:02.27 32.23		200m: 2:08.56	33.54	300m: 3:17.76	35.25	400m: 4:30.06	35.41	
3.	Manuel Leite Aguiar	M	212217	09	Sanjoanense/FEPSA	4:31.02	480	480,00	
	50m: 30.03 30.03		150m: 1:37.10	34.30	250m: 2:46.94	34.63	350m: 3:57.22	35.16	
	100m: 1:02.80 32.77		200m: 2:12.31	35.21	300m: 3:22.06	35.12	400m: 4:31.02	33.80	
4.	Rodrigo Cruz Costa	M	208168	09	Sanjoanense/FEPSA	4:32.58	472	-	
	50m: 31.39 31.39		150m: 1:40.38	34.55	250m: 2:49.93	34.71	350m: 3:59.48	34.48	
	100m: 1:05.83 34.44		200m: 2:15.22	34.84	300m: 3:25.00	35.07	400m: 4:32.58	33.10	

Prova 24, Masc., 400m Livres, Juniores

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	AQUA	Pts	Obs
5.	Pedro Vidal Guedes	M	214565 09	Gafanha da Encarnacao	4:34.69	461	461,00	
	50m: 32.26 32.26	150m: 1:41.06	34.80	250m: 2:49.83	34.46	350m: 3:59.75	35.09	
	100m: 1:06.26 34.00	200m: 2:15.37	34.31	300m: 3:24.66	34.83	400m: 4:34.69	34.94	
6.	Goncalo Malha Neto	M	141256 09	Galitos / Bresimar	4:37.47	447	-	
	50m: 31.43 31.43	150m: 1:41.80	35.40	250m: 2:51.49	34.78	350m: 4:02.50	35.22	
	100m: 1:06.40 34.97	200m: 2:16.71	34.91	300m: 3:27.28	35.79	400m: 4:37.47	34.97	
7.	Guilherme Dias Pereira	M	213540 09	Academico Viseu Futebol Clube	4:38.80	441	-	
	50m: 30.38 30.38	150m: 1:40.70	35.51	250m: 2:52.53	35.80	350m: 4:04.43	35.95	
	100m: 1:05.19 34.81	200m: 2:16.73	36.03	300m: 3:28.48	35.95	400m: 4:38.80	34.37	
8.	Luis Azevedo Pinto	M	210795 09	Clube Desportivo de Estarreja	4:39.41	438	438,00	
	50m: 30.99 30.99	150m: 1:39.92	34.85	250m: 2:50.72	34.67	350m: 4:04.27	36.97	
	100m: 1:05.07 34.08	200m: 2:16.05	36.13	300m: 3:27.30	36.58	400m: 4:39.41	35.14	
9.	Gabriel Neto Ferreira	M	203901 08	O Crasto	4:44.10	416	416,00	
	50m: 31.54 31.54	150m: 1:41.58	35.20	250m: 2:54.23	36.58	350m: 4:08.23	37.22	
	100m: 1:06.38 34.84	200m: 2:17.65	36.07	300m: 3:31.01	36.78	400m: 4:44.10	35.87	
10.	Guilherme Neves Martins	M	214025 09	Sporting de Espinho	4:49.33	394	394,00	
	50m: 29.64 29.64	150m: 1:41.43	36.66	250m: 2:56.42	37.86	350m: 4:12.41	37.87	
	100m: 1:04.77 35.13	200m: 2:18.56	37.13	300m: 3:34.54	38.12	400m: 4:49.33	36.92	
11.	Alexandre Shubin	M	207643 09	Campinho	4:54.17	375	375,00	
	50m: 32.41 32.41	150m: 1:44.91	36.89	250m: 3:00.26	37.77	350m: 4:16.45	38.16	
	100m: 1:08.02 35.61	200m: 2:22.49	37.58	300m: 3:38.29	38.03	400m: 4:54.17	37.72	
12.	Diogo Assuncao Ferreira	M	205687 08	Clube Desportivo Feirense	4:54.48	374	374,00	
	50m: 31.19 31.19	150m: 1:41.76	35.93	250m: 2:56.72	38.26	350m: 4:14.93	39.21	
	100m: 1:05.83 34.64	200m: 2:18.46	36.70	300m: 3:35.72	39.00	400m: 4:54.48	39.55	
13.	Jose Claudio Reis	M	210931 08	UD Oliveirense/FERSILVA	4:56.50	366	366,00	
	50m: 31.26 31.26	150m: 1:43.86	37.34	250m: 3:00.76	38.56	350m: 4:19.05	39.18	
	100m: 1:06.52 35.26	200m: 2:22.20	38.34	300m: 3:39.87	39.11	400m: 4:56.50	37.45	

Seniores

1.	Martim Ribeiro Meneses	M	200854 06	O Crasto	4:11.01	604	604,00	
	50m: 28.37 28.37	150m: 1:31.94	32.19	250m: 2:35.79	31.90	350m: 3:39.89	32.10	
	100m: 59.75 31.38	200m: 2:03.89	31.95	300m: 3:07.79	32.00	400m: 4:11.01	31.12	
2.	Guilherme Romeira Pinto	M	200844 07	Sporting de Espinho	4:19.04	550	550,00	
	50m: 29.04 29.04	150m: 1:33.22	32.32	250m: 2:38.87	32.83	350m: 3:46.24	33.66	
	100m: 1:00.90 31.86	200m: 2:06.04	32.82	300m: 3:12.58	33.71	400m: 4:19.04	32.80	
3.	Alexandre Ramos Goncalves	M	128601 05	Clube Desportivo Feirense	4:21.03	537	537,00	
	50m: 29.22 29.22	150m: 1:33.13	31.91	250m: 2:38.92	33.03	350m: 3:47.20	34.23	
	100m: 1:01.22 32.00	200m: 2:05.89	32.76	300m: 3:12.97	34.05	400m: 4:21.03	33.83	
4.	Tiago Lopes Brandao	M	131917 07	Galitos / Bresimar	4:29.64	487	487,00	
	50m: 30.92 30.92	150m: 1:38.87	34.14	250m: 2:46.75	33.73	350m: 3:55.42	34.69	
	100m: 1:04.73 33.81	200m: 2:13.02	34.15	300m: 3:20.73	33.98	400m: 4:29.64	34.22	
5.	Duarte Sa Pinho	M	124748 02	Estamos Juntos	4:40.17	434	434,00	
	50m: 30.70 30.70	150m: 1:39.26	34.92	250m: 2:50.78	35.73	350m: 4:04.66	37.14	
	100m: 1:04.34 33.64	200m: 2:15.05	35.79	300m: 3:27.52	36.74	400m: 4:40.17	35.51	
EXH	Samuel Lima Duarte	M	207426 04	Feira Viva Cultura e Desporto	4:44.01	417	-	
	50m: 33.16 33.16	150m: 1:44.46	35.78	250m: 2:56.65	36.36	350m: 4:08.76	35.99	
	100m: 1:08.68 35.52	200m: 2:20.29	35.83	300m: 3:32.77	36.12	400m: 4:44.01	35.25	