

Prova 14  
23/05/2026 - 18:24

Masc., 400m Estilos

Infantis  
Resultados

|                                 |         |                       |      |                      |            |
|---------------------------------|---------|-----------------------|------|----------------------|------------|
| Recordes Reg ANCNP 25m Open     | 4:06.83 | Diogo Filipe Carvalho | CGA  | Istambul (TUR)       | 11/12/2009 |
| Recordes Reg ANCNP 25m Inf A 14 | 4:55.65 | Duarte Miguel Jorge   | CGA  | Vila Praia de Âncora | 27/03/2015 |
| Recordes Reg ANCNP 25m Inf B 13 | 5:11.19 | José Luis Gabriel     | AVFC | Cantanhede           | 06/03/2009 |

Pontos: AQUA 2025

| Lugar             | Nome                      | Sexo  | Licença       | Ano   | Clube                         | Tp. Insc. | Tempo Final    | Pts   | Obs |
|-------------------|---------------------------|-------|---------------|-------|-------------------------------|-----------|----------------|-------|-----|
| <b>Infantis A</b> |                           |       |               |       |                               |           |                |       |     |
| 1.                | Tomas Pereira Ferreira    | M     | 209360        | 14    | Galitos / Bresimar            | 5:10.70   | <b>5:06.06</b> | 451   |     |
|                   | 50m: 31.90                | 31.90 | 150m: 1:48.20 | 40.56 | 250m: 3:13.54                 | 44.59     | 350m: 4:32.89  | 35.17 |     |
|                   | 100m: 1:07.64             | 35.74 | 200m: 2:28.95 | 40.75 | 300m: 3:57.72                 | 44.18     | 400m: 5:06.06  | 33.17 |     |
| 2.                | Ricardo Lourenco Ferreira | M     | 210829        | 14    | Sporting de Espinho           | 5:53.96   | <b>5:24.51</b> | 378   |     |
|                   | 50m: 34.95                | 34.95 | 150m: 1:59.12 | 43.54 | 250m: 3:25.48                 | 44.41     | 350m: 4:48.78  | 38.40 |     |
|                   | 100m: 1:15.58             | 40.63 | 200m: 2:41.07 | 41.95 | 300m: 4:10.38                 | 44.90     | 400m: 5:24.51  | 35.73 |     |
| 3.                | Xavier Curto Costa        | M     | 211826        | 14    | Sporting de Espinho           | 5:26.69   | <b>5:29.97</b> | 360   |     |
|                   | 50m: 34.70                | 34.70 | 150m: 1:59.93 | 43.38 | 250m: 3:27.14                 | 45.70     | 350m: 4:51.72  | 38.33 |     |
|                   | 100m: 1:16.55             | 41.85 | 200m: 2:41.44 | 41.51 | 300m: 4:13.39                 | 46.25     | 400m: 5:29.97  | 38.25 |     |
| 4.                | Nilton Miguel Costa       | M     | 214481        | 14    | Sporting de Espinho           | 6:52.07   | <b>5:53.63</b> | 292   |     |
|                   | 50m: 35.54                | 35.54 | 150m: 2:05.58 | 46.64 | 250m: 3:41.31                 | 51.17     | 350m: 5:13.76  | 40.59 |     |
|                   | 100m: 1:18.94             | 43.40 | 200m: 2:50.14 | 44.56 | 300m: 4:33.17                 | 51.86     | 400m: 5:53.63  | 39.87 |     |
| 5.                | Vasco Figueiredo Almeida  | M     | 217080        | 14    | Clube Desportivo de Estarreja | 6:21.24   | <b>5:57.05</b> | 284   |     |
|                   | 50m: 39.06                | 39.06 | 150m: 2:12.34 | 46.16 | 250m: 3:47.12                 | 49.64     | 350m: 5:18.69  | 40.97 |     |
|                   | 100m: 1:26.18             | 47.12 | 200m: 2:57.48 | 45.14 | 300m: 4:37.72                 | 50.60     | 400m: 5:57.05  | 38.36 |     |