

Prova 15
23/05/2026 - 18:31

Femin., 400m Estilos

Infantis
Resultados

Recordes Reg ANCNP 25m Open	4:49.39	Ana Sofia Pina	CRASTO	Vila Real Stº António	04/11/2018
Recordes Reg ANCNP 25m Inf A 14	5:08.78	Carolina Ratola Taveira	CGA	Mealhada	18/05/2024
Recordes Reg ANCNP 25m Inf B 13	5:03.94	Carolina Miranda Fernandes	CGA	Condeixa	12/05/2018

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
-------	------	------	---------	-----	-------	-----------	-------------	-----	-----

Infantis B

1.	María Luis Duarte	F	216655	13	Galitos / Bresimar		5:28.57		
	50m: 35.19	35.19	150m: 1:57.67	40.71	250m: 3:23.28	46.24	350m: 4:45.61	36.89	
	100m: 1:16.96	41.77	200m: 2:37.04	39.37	300m: 4:08.72	45.44	400m: 5:20.97	35.36	

Infantil A

1.	Sofia Apalyonova Monteiro	F	212125	14	CN Vagos		5:37.27		
	50m: 35.87	35.87	150m: 2:04.30	47.15	250m: 3:37.39	47.42	350m: 5:02.66	37.14	
	100m: 1:17.15	41.28	200m: 2:49.97	45.67	300m: 4:25.52	48.13	400m: 5:38.06	35.40	
2.	Filipa Carneiro Dias	F	214183	14	Academico Viseu Futebol Clube		5:54.66		
	50m: 36.58	36.58	150m: 2:02.56	42.31	250m: 3:32.99	49.37	350m: 5:02.28	38.95	
	100m: 1:20.25	43.67	200m: 2:43.62	41.06	300m: 4:23.33	50.34	400m: 5:38.82	36.54	
3.	Madalena Ramos Fraga	F	217077	14	Clube Desportivo de Estarreja		6:13.64		
	50m: 42.14	42.14	150m: 2:20.84	49.09	250m: 3:56.92	48.61	350m: 5:29.66	42.27	
	100m: 1:31.75	49.61	200m: 3:08.31	47.47	300m: 4:47.39	50.47	400m: 6:08.16	38.50	
4.	Miriam Jesus Manarte	F	215060	14	Clube Desportivo de Estarreja		NT	6:32.92	
	50m: 45.41	45.41	150m: 2:28.37	50.95	250m: 4:11.90	54.58	350m: 5:50.75	43.32	
	100m: 1:37.42	52.01	200m: 3:17.32	48.95	300m: 5:07.43	55.53	400m: 6:32.92	42.17	

EXH	Laura Cristovao Sousa	F	214392	13	FC Ferreiras/AlgarExperience		6:20.18		
	50m: 39.20	39.20	150m: 2:16.74	47.93	250m: 3:56.43	54.56	350m: 5:29.69	39.86	
	100m: 1:28.81	49.61	200m: 3:01.87	45.13	300m: 4:49.83	53.40	400m: 6:08.19	38.50	EXH