

Prova 29 Femin., 800m Livres Absolutos
31/05/2026 - 9:44 Resultados

Rec Nac 25m Open	8:20.97	Diana Margarida Duraes	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m Sen	8:20.97	Diana Margarida Duraes	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m Jun 18	8:30.86	Tamila Hryhorivna Holub	SCB	Moscovo (RUS)	03/08/2017
Rec Nac 25m Jun17	8:32.83	Tamila Hryhorivna Holub	SCB	Porto	13/12/2015
Rec Nac 25m Juv A 16	8:45.41	Tamila Hryhorivna Holub	SCB	Porto	21/12/2014
Rec Nac 25m Juv B 15	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19/12/2004
Recordes Reg ANCNP 25m Open	8:47.49	Joana Nunes Cardeal	AVFC	Leiria	28/11/2021
Recordes Reg ANCNP 25m Sen	8:47.49	Joana Nunes Cardeal	AVFC	Leiria	28/11/2021
Recordes Reg ANCNP 25m Jun 18	8:56.99	Beatriz Nunes Cardeal	AVFC	Gafanha da Nazaré	14/05/2022
Recordes Reg ANCNP 25m Jun17	8:57.32	Beatriz Nunes Cardeal	AVFC	Gafanha de Nazaré	04/07/2021
Recordes Reg ANCNP 25m Juv A 16	9:04.72	Beatriz Nunes Cardeal	AVFC	Leiria	15/12/2019
Recordes Reg ANCNP 25m Juv B 15	8:59.51	Joana Costa Amador	CGA	Viseu	21/05/2016

TAC-N Jun 17 Jun17: 9:18.36 / TAC-N JUL Juv A Juv A 16: 9:28.89 / TAC-N JUL Juv B Juv B 15: 9:49.96 / TAC-N Jun 18 Jun 18: 9:07.82 / TAC-N Sen 22+ 22 +: 8:57.28 / TAC-N Sen Sub 21 19 - 21: 9:02.55 / TAC-ID Juv A Juv A 16: 10:56.45 / TAC-ID Juv B Juv B 15: 11:12.00 / TAC-ID Jun Jun: 10:40.89 / TAC-ID Sen Sen: 10:25.34 / TFO REGIONAL - SEN Sen: 10:53.45 / TFO REGIONAL - JUN Jun: 11:11.12 / TFO REGIONAL - JUV A Juv A 16: 11:30.87 / TFO REGIONAL - JUV B Juv B 15: 11:53.17

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
Juvenis B									
1.	Francisca Coelho Lucena <i>TAC InterDistrital</i>	F	206673	15	O Crasto	10:25.34	10:17.56	462	
	50m: 34.64	34.64	250m: 3:08.80	38.59	450m: 5:45.73	38.79	650m: 8:23.17	39.45	
	100m: 1:12.25	37.61	300m: 3:48.28	39.48	500m: 6:25.29	39.56	700m: 9:02.19	39.02	
	150m: 1:51.23	38.98	350m: 4:27.68	39.40	550m: 7:04.42	39.13	750m: 9:41.03	38.84	
	200m: 2:30.21	38.98	400m: 5:06.94	39.26	600m: 7:43.72	39.30	800m: 10:17.56	36.53	
2.	Lia Tome Mateus <i>TAC InterDistrital</i>	F	208054	15	CN Vagos	10:34.50	10:44.53	406	
	50m: 35.93	35.93	250m: 3:16.30	40.42	450m: 5:59.62	40.89	650m: 8:44.11	41.64	
	100m: 1:15.04	39.11	300m: 3:56.78	40.48	500m: 6:40.57	40.95	700m: 9:25.23	41.12	
	150m: 1:55.47	40.43	350m: 4:37.42	40.64	550m: 7:21.47	40.90	750m: 10:05.58	40.35	
	200m: 2:35.88	40.41	400m: 5:18.73	41.31	600m: 8:02.47	41.00	800m: 10:44.53	38.95	

Juvenis A

1.	S. Vasconcelos <i>TAC InterDistrital</i>	F	201422	16	Galitos / Bresimar	9:55.78	9:57.82	509	
	50m: 33.62	33.62	250m: 3:03.56	38.22	450m: 5:35.77	37.88	650m: 8:06.90	37.86	
	100m: 1:09.95	36.33	300m: 3:41.45	37.89	500m: 6:13.43	37.66	700m: 8:44.52	37.62	
	150m: 1:47.32	37.37	350m: 4:19.69	38.24	550m: 6:51.27	37.84	750m: 9:21.50	36.98	
	200m: 2:25.34	38.02	400m: 4:57.89	38.20	600m: 7:29.04	37.77	800m: 9:57.82	36.32	

Seniores

1.	Carolina Vizinho Cabral <i>TAC InterDistrital</i>	F	206307	19	Galitos / Bresimar	9:09.18	9:20.05	619	
	50m: 30.91	30.91	250m: 2:50.96	35.14	450m: 5:11.03	35.00	650m: 7:35.30	36.26	
	100m: 1:05.33	34.42	300m: 3:26.03	35.07	500m: 5:46.83	35.80	700m: 8:11.90	36.60	
	150m: 1:40.38	35.05	350m: 4:01.10	35.07	550m: 6:22.75	35.92	750m: 8:47.85	35.95	
	200m: 2:15.82	35.44	400m: 4:36.03	34.93	600m: 6:59.04	36.29	800m: 9:20.05	32.20	