



Campeonato Regional ALVES BANDEIRA 3
Mealhada, 30 - 31/5/2026

Prova 39

31/05/2026 - 15:00

Masc., 800m Livres

Absolutos
Resultados

Rec Nac 25m Open	7:41.51	Jose Paulo Lopes	SCB	Felgueiras	14/01/2024
Rec Nac 25m Sen	7:41.51	Jose Paulo Lopes	SCB	Felgueiras	14/04/2024
Rec Nac 25m Jun18	7:56.76	Guilherme Filipe Pina	BSCN	Porto	11/12/2015
Rec Nac 25m Jun17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Rec Nac 25m Juv A 16	8:09.43	Rui Filipe Costa	VSC	Senhora da Hora	12/05/2007
Rec Nac 25m Juv B 15	8:25.99	Rui Silva Pereira	POR	Tomar	14/01/2023
Recordes Reg ANCNP 25m Open	8:06.66	Gustavo Carvalhais Ribeiro	CGA	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Sen	8:30.96	Filipe Santos Cardoso	CAPGE	Tomar	29/11/2025
Recordes Reg ANCNP 25m Jun18	8:18.83	Duarte Miguel Jorge	CGA	Felgueiras	21/12/2018
Recordes Reg ANCNP 25m Jun17	8:06.66	Gustavo Carvalhais Ribeiro	CGA	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Juv A 16	8:12.32	Duarte Miguel Jorge	CGA	Porto	08/12/2017
Recordes Reg ANCNP 25m Juv B 15	8:30.55	Duarte Miguel Jorge	CGA	Viseu	22/05/2016

TAC-N Jun 17 Jun17: 8:53.08 / TAC-N JUL Juv A Juv A 16: 9:03.05 / TAC-N JUL Juv B Juv B 15: 9:27.96 / TAC-N Jun 18 Jun18: 8:38.14 / TAC-N Sen 22+ 22+: 8:28.17 / TAC-N Sen Sub 21 19 - 21: 8:33.16 / TAC-ID Juv A Juv A 16: 10:15.09 / TAC-ID Juv B Juv B 15: 10:29.52 / TAC-ID Jun Jun: 9:57.76 / TAC-ID Sen Sen: 9:40.44 / TFO REGIONAL - SEN Sen: 10:02.86 / TFO REGIONAL - JUN Jun: 10:19.16 / TFO REGIONAL - JUV A Juv A 16: 10:37.38 / TFO REGIONAL - JUV B Juv B 15: 10:57.96

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.	Tempo Final	Pts	Obs
1.	Miguel Varandas Piedade <i>TAC InterDistrital</i>	M	209965	15	Campinho	11:04.82	9:40.94	435	
	50m: 31.61	31.61	250m: 2:56.22	36.86	450m: 5:25.43	37.29	650m: 7:52.66	36.99	
	100m: 1:07.02	35.41	300m: 3:33.51	37.29	500m: 6:02.57	37.14	700m: 8:30.18	37.52	
	150m: 1:43.00	35.98	350m: 4:11.02	37.51	550m: 6:38.94	36.37	750m: 9:07.11	36.93	
	200m: 2:19.36	36.36	400m: 4:48.14	37.12	600m: 7:15.67	36.73	800m: 9:40.94	33.83	

Juniores

1.	Nuno Miguel Anjos <i>TAC InterDistrital</i>	M	140396	18	Galitos / Bresimar	8:57.51	8:41.84	601	
	50m: 29.53	29.53	250m: 2:41.03	33.17	450m: 4:53.03	33.10	650m: 7:04.19	32.97	
	100m: 1:01.89	32.36	300m: 3:13.94	32.91	500m: 5:25.81	32.78	700m: 7:37.64	33.45	
	150m: 1:34.91	33.02	350m: 3:47.01	33.07	550m: 5:58.37	32.56	750m: 8:10.77	33.13	
	200m: 2:07.86	32.95	400m: 4:19.93	32.92	600m: 6:31.22	32.85	800m: 8:41.84	31.07	
2.	Rodrigo Cruz Costa <i>TAC InterDistrital</i>	M	208168	17	Sanjoanense/FEPSA	9:18.54	8:56.71	552	
	50m: 30.09	30.09	250m: 2:45.04	34.07	450m: 5:00.99	33.06	650m: 7:15.54	34.04	
	100m: 1:03.26	33.17	300m: 3:19.19	34.15	500m: 5:34.30	33.31	700m: 7:49.77	34.23	
	150m: 1:36.99	33.73	350m: 3:53.58	34.39	550m: 6:08.13	33.83	750m: 8:23.50	33.73	
	200m: 2:10.97	33.98	400m: 4:27.93	34.35	600m: 6:41.50	33.37	800m: 8:56.71	33.21	
3.	Guilherme Almeida Bianchi <i>TAC InterDistrital</i>	M	210624	17	O Crasto	9:17.79	9:16.49	495	
	50m: 30.71	30.71	250m: 2:50.72	35.21	450m: 5:13.11	35.60	650m: 7:34.53	35.68	
	100m: 1:05.28	34.57	300m: 3:26.07	35.35	500m: 5:48.51	35.40	700m: 8:09.41	34.88	
	150m: 1:40.26	34.98	350m: 4:01.77	35.70	550m: 6:23.77	35.26	750m: 8:44.05	34.64	
	200m: 2:15.51	35.25	400m: 4:37.51	35.74	600m: 6:58.85	35.08	800m: 9:16.49	32.44	
4.	Leonardo Branco Pereira <i>TAC InterDistrital</i>	M	206256	18	O Crasto	NT	9:21.71	482	
	50m: 30.67	30.67	250m: 2:48.61	35.19	450m: 5:10.50	35.43	650m: 7:35.18	36.05	
	100m: 1:04.37	33.70	300m: 3:23.94	35.33	500m: 5:46.49	35.99	700m: 8:11.29	36.11	
	150m: 1:38.69	34.32	350m: 3:59.45	35.51	550m: 6:22.63	36.14	750m: 8:47.25	35.96	
	200m: 2:13.42	34.73	400m: 4:35.07	35.62	600m: 6:59.13	36.50	800m: 9:21.71	34.46	
5.	Mateus Tavares Bastos <i>TAC InterDistrital</i>	M	214438	18	Campinho	9:16.59	9:31.89	456	
	50m: 30.20	30.20	250m: 2:50.79	36.06	450m: 5:16.88	36.46	650m: 7:44.77	36.60	
	100m: 1:03.81	33.61	300m: 3:27.65	36.86	500m: 5:53.65	36.77	700m: 8:21.81	37.04	
	150m: 1:39.43	35.62	350m: 4:03.87	36.22	550m: 6:31.39	37.74	750m: 8:58.08	36.27	
	200m: 2:14.73	35.30	400m: 4:40.42	36.55	600m: 7:08.17	36.78	800m: 9:31.89	33.81	
6.	Manuel Vicente Taveira <i>TAC InterDistrital</i>	M	210405	17	Campinho	10:02.98	9:36.55	445	
	50m: 30.24	30.24	200m: 2:14.58	35.33	350m: 4:02.90	36.59	500m: 5:53.50	36.97	
	100m: 1:04.17	33.93	250m: 2:50.34	35.76	400m: 4:39.60	36.70	550m: 6:31.07	37.57	
	150m: 1:39.25	35.08	300m: 3:26.31	35.97	450m: 5:16.53	36.93	600m: 7:08.49	37.42	
	650m: 7:46.28	37.79	700m: 8:23.48	37.20	750m: 9:00.91	37.43	800m: 9:36.55	35.64	



Prova 39, Masc., 800m Livres, Juniores

Lugar	Nome	Sexo	Licença	Ano	Clube	Tp. Insc.				Tempo Final	Pts	Obs
7.	Jose Claudio Reis TAC InterDistrital	M	210931	18	UD Oliveirense/FERSILVA	9:47.61				9:39.57	438	
	50m:	31.79	31.79	250m:	2:56.94	36.59	450m:	5:24.05	36.66	650m:	7:52.96	37.24
	100m:	1:07.22	35.43	300m:	3:33.32	36.38	500m:	6:01.16	37.11	700m:	8:29.61	36.65
	150m:	1:43.40	36.18	350m:	4:10.44	37.12	550m:	6:38.37	37.21	750m:	9:06.19	36.58
	200m:	2:20.35	36.95	400m:	4:47.39	36.95	600m:	7:15.72	37.35	800m:	9:39.57	33.38

Seniores

1.	A. Goncalves TAC InterDistrital	M	128601	21	Clube Desportivo Feirense	8:44.37				8:50.91	571	
	50m:	29.27	29.27	250m:	2:39.45	33.28	450m:	4:53.58	33.58	650m:	7:08.94	33.71
	100m:	1:00.94	31.67	300m:	3:12.62	33.17	500m:	5:27.11	33.53	700m:	7:43.20	34.26
	150m:	1:33.12	32.18	350m:	3:46.26	33.64	550m:	6:01.02	33.91	750m:	8:17.38	34.18
	200m:	2:06.17	33.05	400m:	4:20.00	33.74	600m:	6:35.23	34.21	800m:	8:50.91	33.53
2.	Guilherme Clara Santos TAC InterDistrital	M	127325	24	Estamos Juntos	9:06.33				8:57.61	549	
	50m:	29.85	29.85	250m:	2:43.17	33.69	450m:	4:59.36	34.08	650m:	7:16.74	
	100m:	1:02.86	33.01	300m:	3:17.29	34.12	500m:	5:33.65	34.29	700m:	7:51.07	34.33
	150m:	1:36.22	33.36	350m:	3:51.25	33.96	550m:	6:07.66	34.01	750m:	8:25.05	33.98
	200m:	2:09.48	33.26	400m:	4:25.28	34.03	600m:			800m:	8:57.61	32.56