

Campeonato Regional ALVES BANDEIRA 3  
Mealhada, 30 - 31/5/2026

Prova 46  
31/05/2026 - 16:28

Femin., 200m Costas

Absolutos  
Resultados

Rec Nac 25m Open	2:03.51	Camila Rodrigues Rebelo	POR	Lublin (POL)	03/12/2025
Rec Nac 25m Sen	2:03.51	Camila Rodrigues Rebelo	POR	Lublin (POL)	03/12/2025
Rec Nac 25m Jun 18	2:09.87	Maria Gomes Neves	SCB	Felgueiras	11/04/2026
Rec Nac 25m Jun17	2:11.13	Camila Rodrigues Rebelo	ALN	Felgueiras	20/12/2019
Rec Nac 25m Juv A 16	2:11.74	Camila Rodrigues Rebelo	ALN	Felgueiras	21/12/2018
Rec Nac 25m Juv B 15	2:14.11	Camila Rodrigues Rebelo	ALN	Condeixa	12/05/2018
Recordes Reg ANCNP 25m Open	2:14.39	Joana Nunes Cardeal	AVFC	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Sen	2:14.88	Joana Nunes Cardeal	AVFC	Leiria	09/12/2022
Recordes Reg ANCNP 25m Jun 18	2:14.39	Joana Nunes Cardeal	AVFC	Felgueiras	20/12/2019
Recordes Reg ANCNP 25m Jun17	2:18.03	Joana Nunes Cardeal	AVFC	Stº António dos Cavaleiros	09/12/2018
Recordes Reg ANCNP 25m Juv A 16	2:15.17	Carolina Ratola Taveira	CGA	Mealhada	22/02/2026
Recordes Reg ANCNP 25m Juv B 15	2:17.77	Carolina Miranda Fernandes	CGA	Mealhada	08/12/2019

TAC-N Jun 17 Jun17: 2:29.16 / TAC-N JUL Juv A Juv A 16: 2:31.98 / TAC-N JUL Juv B Juv B 15: 2:37.61 / TAC-N Jun 18 Jun 18: 2:26.35 / TAC-N Sen 22+ 22 +: 2:23.53 / TAC-N Sen Sub 21 19 - 21: 2:24.94 / TAC-ID Juv A Juv A 16: 2:48.80 / TAC-ID Juv B Juv B 15: 2:52.80 / TAC-ID Jun Jun: 2:44.79 / TAC-ID Sen Sen: 2:40.80 / TFO REGIONAL - SEN Sen: 2:43.79 / TFO REGIONAL - JUN Jun: 2:47.20 / TFO REGIONAL - JUV A Juv A 16: 2:52.12 / TFO REGIONAL - JUV B Juv B 15: 3:01.53

Pontos: AQUA 2025

Lugar	Idade	Tp. insc.	Tempo final	Pts	50m	100m	150m	200m
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Juvenis B

1. Frederica Vinhas Vieira <i>TAC Nacional Julho</i>	15	CDCA	2:26.12	<b>2:25.20</b>	537	33.73	36.92	37.61	36.94
2. Francisca Coelho Lucena <i>TAC InterDistrital</i>	15	CRASTO	2:44.87	<b>2:43.98</b>	373	38.48	41.96	42.31	41.23
3. Leonor Matos Castanheira	15	AEFDT	2:55.25	<b>2:53.28</b>	316	40.81	43.60	44.96	43.91

Juvenis A

1. Adriana Resende Trindade <i>TAC Nacional Julho</i>	16	SCE	2:35.52	<b>2:30.69</b>	480	34.35	37.57	39.36	39.41
2. Sofia Rodrigues Vasconcelos <i>TAC InterDistrital</i>	16	CGA	2:29.92	<b>2:33.02</b>	459	35.44	38.37	39.50	39.71
3. Beatriz Ribeiro Moreira <i>TAC InterDistrital</i>	16	SCE	2:42.31	<b>2:37.07</b>	424	36.82	39.97	40.50	39.78