

**Prova 5** **Femin., 100m Costas**  
**30/05/2026 - 10:14** **Absolutos**  
**Resultados**

Rec Nac 25m Open	57.79	Camila Rodrigues Rebelo	POR	Lublin (POL)	04/12/2025
Rec Nac 25m Sen	57.79	Camila Rodrigues Rebelo	POR	Lublin (POL)	04/12/2025
Rec Nac 25m Jun 18	58.65	Rafaela Gomes Azevedo	SAD	Felgueiras	22/12/2019
Rec Nac 25m Jun17	59.61	Rafaela Gomes Azevedo	SAD	Algés	29/06/2019
Rec Nac 25m Juv A 16	1:01.55	Ines Camacho Fernandes	SCP	Porto	08/12/2013
Rec Nac 25m Juv B 15	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	17/12/2011
Recordes Reg ANCNP 25m Open	1:01.64	Carolina Ratola Taveira	CGA	Mealhada	22/02/2026
Recordes Reg ANCNP 25m Sen	1:03.53	Joana Nunes Cardeal	AVFC	Estarreja	04/12/2021
Recordes Reg ANCNP 25m Jun 18	1:05.36	Joana Nunes Cardeal	AVFC	Felgueiras	15/12/2019
Recordes Reg ANCNP 25m Jun17	1:02.47	Carolina Miranda Fernandes	CGA	Leiria	28/11/2021
Recordes Reg ANCNP 25m Juv A 16	1:01.64	Carolina Ratola Taveira	CGA	Mealhada	22/02/2026
Recordes Reg ANCNP 25m Juv B 15	1:02.84	Carolina Miranda Fernandes	CGA	Mealhada	06/12/2019

TAC-N Jun 17 Jun17: 1:08.87 / TAC-N JUL Juv A Juv A 16: 1:10.17 / TAC-N JUL Juv B Juv B 15: 1:12.77 / TAC-N Jun 18 Jun 18: 1:07.57 / TAC-N Sen 22+ 22 +: 1:06.27 / TAC-N Sen Sub 21 19 - 21: 1:06.92 / TAC-ID Juv A Juv A 16: 1:17.52 / TAC-ID Juv B Juv B 15: 1:19.35 / TAC-ID Jun Jun: 1:15.68 / TAC-ID Sen Sen: 1:13.84

Lugar	Nome	Idade		Tp. Insc.	Tempo final	50m	100m
<b>Juvenis B</b>							
1.	Frederica Vinhas Vieira <i>TAC Nacional Julho</i>	15	CDCA	1:07.06	<b>1:07.43</b>	32.49	34.94
2.	Mariana Moreira Lopes <i>TAC InterDistrital</i>	15	CDF	1:15.20	<b>1:14.24</b>	36.19	38.05
3.	Ines Sousa Ribeiro <i>TAC InterDistrital</i>	15	CDF	1:15.13	<b>1:14.27</b>	35.61	38.66
4.	Francisca Coelho Lucena <i>TAC InterDistrital</i>	15	CRASTO	1:17.58	<b>1:18.79</b>	38.34	40.45
5.	Lia Tome Mateus	15	CNVA	1:19.40	<b>1:20.06</b>	38.89	41.17
6.	Leonor Matos Castanheira	15	AEFDT	1:20.41	<b>1:20.85</b>	39.62	41.23
7.	Beatriz Fernandes Rocha	15	CDE	1:22.05	<b>1:23.05</b>	39.09	43.96
8.	Sara Soares Pinto	15	CDF	1:26.50	<b>1:24.19</b>	40.26	43.93
9.	Ines Oliveira Fernandes	15	ADS	1:31.82	<b>1:30.51</b>	42.91	47.60
DNS	Lara Amorim Cunha	15	CDF	1:14.07			

<b>Juvenis A</b>							
1.	Carolina Ratola Taveira <i>TAC Nacional Julho</i>	16	CGA	1:03.60	<b>1:02.31</b>	30.25	32.06
2.	Adriana Resende Trindade <i>TAC Nacional Julho</i>	16	SCE	1:11.30	<b>1:08.83</b>	32.99	35.84
3.	Raquel Domingues Re <i>TAC Nacional Julho</i>	16	CGA	1:09.18	<b>1:09.20</b>	32.81	36.39
4.	Beatriz Ribeiro Moreira <i>TAC InterDistrital</i>	16	SCE	1:17.33	<b>1:13.96</b>	35.65	38.31
5.	Leonor Delgado Rocha <i>TAC InterDistrital</i>	16	CDF	1:13.74	<b>1:15.15</b>	36.45	38.70
6.	Madalena Nadais Pinho	16	AEJ	1:21.18	<b>1:27.29</b>	41.80	45.49
DNS	Anamar Tavares Ferreira	16	CAPGE	1:23.92			

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Juniores

1.	Marta Antunes Castro <i>TAC Nacional</i>	17	CGA	1:09.41	<b>1:07.45</b>	32.53	34.92
2.	Carolina Mendes Nunes <i>TAC InterDistrital</i>	18	CDE	1:08.70	<b>1:11.19</b>	34.16	37.03
3.	Gabriela Lopes Fernandes <i>TAC InterDistrital</i>	17	CRASTO	1:18.25	<b>1:15.65</b>	36.43	39.22
4.	Rita Resende Neves	18	AEJ	1:15.83	<b>1:17.84</b>	37.87	39.97
5.	Maria Rita Rosario	18	ADS	1:16.95	<b>1:18.92</b>	37.65	41.27
6.	Mariana Isabel Marques	17	AEFDT	1:20.80	<b>1:19.49</b>	38.40	41.09
DSQ	Diana Valentina Pereira <i>403 - Falsa partida - SW 4.4</i>	17	CSAAXXI	NT			

Seniores

1.	Madalena Almeida Figueira <i>TAC InterDistrital</i>	19	AVFC	1:09.85	<b>1:09.29</b>	33.32	35.97
2.	Ana Filipa Veiga <i>TAC InterDistrital</i>	25	CAPGE	1:09.62	<b>1:09.62</b>	34.16	35.46
3.	Barbara Nunes Marques <i>TAC InterDistrital</i>	20	CDE	1:09.38	<b>1:11.21</b>	34.52	36.69
4.	Maria Miguel Valente <i>TAC InterDistrital</i>	20	CDE	1:11.96	<b>1:11.75</b>	34.77	36.98
5.	Mafalda Rodrigues Cardoso	19	CDF	1:15.44	<b>1:14.75</b>	36.69	38.06