

Prova 19  
27/06/2026 - 15:43

Masc., 400m Livres

Cadetes A  
Resultados

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licen�a	Idade	Clube	Tp. Insc.	Tempo Final	Pts	Obs								
1.	Alexandre Morgado Pinho	M	215322	12	Galitos / Bresimar	5:11.66	5:16.74	300									
										50m: 35.60	35.60	150m: 1:57.57	41.54	250m: 3:18.49	40.76	350m: 4:40.38	41.19
										100m: 1:16.03	40.43	200m: 2:37.73	40.16	300m: 3:59.19	40.70	400m: 5:16.74	36.36
2.	Aiden Pereira	M	220298	12	O Crasto	5:40.73	5:41.89	239									
										50m: 36.20	36.20	150m: 2:02.35	43.61	250m: 3:31.01	44.22	350m: 5:00.33	44.52
										100m: 1:18.74	42.54	200m: 2:46.79	44.44	300m: 4:15.81	44.80	400m: 5:41.89	41.56
3.	Goncalo Abreu Pinto	M	219040	12	Clube Desportivo de Estarreja	5:49.43	5:47.98	226									
										50m: 40.91	40.91	150m: 2:10.97	45.33	250m: 3:41.42	45.02	350m: 5:05.68	39.49
										100m: 1:25.64	44.73	200m: 2:56.40	45.43	300m: 4:26.19	44.77	400m: 5:47.98	42.30
4.	Rafael Arcanjo Silva	M	225754	12	UD Oliveirense/FERSILVA	6:00.09	5:48.12	226									
										50m: 37.05	37.05	150m: 2:05.28	44.65	250m: 3:36.48	45.35	350m: 5:08.18	45.77
										100m: 1:20.63	43.58	200m: 2:51.13	45.85	300m: 4:22.41	45.93	400m: 5:48.12	39.94
5.	Edgar Domingues Pereira	M	223273	12	Clube Desportivo de Estarreja	5:54.48	6:04.35	197									
										50m: 41.37	41.37	150m: 2:12.26	45.76	250m: 3:46.47	47.03	350m: 5:20.63	46.75
										100m: 1:26.50	45.13	200m: 2:59.44	47.18	300m: 4:33.88	47.41	400m: 6:04.35	43.72
6.	Daniel Ivanov	M	215187	12	Galitos / Bresimar	6:05.78	6:09.06	190									
										50m: 40.68	40.68	150m: 2:13.18	46.75	250m: 3:48.44	47.55	350m: 5:22.96	46.99
										100m: 1:26.43	45.75	200m: 3:00.89	47.71	300m: 4:35.97	47.53	400m: 6:09.06	46.10
7.	Artur Jorge Fraga	M	220295	12	Sanjoanense/FEPSA	6:17.47	6:15.92	179									
										50m: 43.02	43.02	150m: 2:17.99	48.00	250m: 3:54.14	48.58	350m: 5:30.50	48.15
										100m: 1:29.99	46.97	200m: 3:05.56	47.57	300m: 4:42.35	48.21	400m: 6:15.92	45.42
8.	Lucas Almeida Bianchi	M	215195	12	O Crasto	NT	6:26.30	165									
										50m: 43.54	43.54	150m: 2:22.64	49.75	250m: 4:02.30	48.66	350m: 5:40.65	49.75
										100m: 1:32.89	49.35	200m: 3:13.64	51.00	300m: 4:50.90	48.60	400m: 6:26.30	45.65
9.	Eduardo Sousa Ferreira	M	217487	12	Gafanha da Encarna�o	6:16.42	6:31.21	159									
										50m: 42.06	42.06	150m: 2:20.45	50.45	250m: 4:00.30	50.22	350m: 5:42.18	50.86
										100m: 1:30.00	47.94	200m: 3:10.08	49.63	300m: 4:51.32	51.02	400m: 6:31.21	49.03
10.	Dinis Manuel Abreu	M	225890	12	Sporting Clube S�o Jo�o de Ver	NT	6:49.52	139									
										50m: 45.00	45.00	150m: 2:28.65	52.56	250m: 4:13.58	51.72	350m: 6:00.27	53.36
										100m: 1:36.09	51.09	200m: 3:21.86	53.21	300m: 5:06.91	53.33	400m: 6:49.52	49.25
11.	Henrique Martim Almeida	M	220316	12	Sporting Clube S�o Jo�o de Ver	7:03.38	7:02.73	126									
										50m: 45.15	45.15	150m: 2:31.23	53.78	250m: 4:20.15	54.01	350m: 6:09.21	54.50
										100m: 1:37.45	52.30	200m: 3:26.14	54.91	300m: 5:14.71	54.56	400m: 7:02.73	53.52
12.	Matias Maria Pinto	M	226980	12	Sanjoanense/FEPSA	7:09.79	7:29.34	105									
										50m: 50.47	50.47	150m: 2:45.49	57.36	250m: 4:41.14	57.61	350m: 6:33.98	55.66
										100m: 1:48.13	57.66	200m: 3:43.53	58.04	300m: 5:38.32	57.18	400m: 7:29.34	55.36