

Prova 1
15/11/2025 - 10:00

Femin., 400m Estilos

Infantis
Resultados

Recordes Reg ANCNP 25m Open	4:49.39	Ana Sofia Pina	CRASTO	Vila Real Stº António	04/11/2018
Recordes Reg ANCNP 25m Inf A 14	5:08.78	Carolina Ratola Taveira	CGA	Mealhada	18/05/2024
Recordes Reg ANCNP 25m Inf B 13	5:03.94	Carolina Miranda Fernandes	CGA	Condeixa	12/05/2018

TAC-N Fem Inf A Inf A 14: 5:40.51 / TAC-N Fem Inf B Inf B 13: 5:49.47 / TAC-Z Fem Inf A Inf A 14: 5:46.48 / TAC-Z Fem Inf B Inf B 13: 5:58.43 / TFO - Inf A Inf A 14: 6:23.28 / TFO - Inf B Inf B 13: 6:38.45

Pontos: AQUA 2025

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINAPts	Obs
Infantis B								
1.	Maria Luis Duarte <i>TAC Nacional</i>	F	216655	13	Galitos / Bresimar	5:29.75	465	
	50m: 37.40 37.40 100m: 1:20.66 43.26		150m: 2:03.00 200m: 2:42.68		42.34 250m: 3:29.68 39.68 300m: 4:16.05	47.00 350m: 4:53.88 46.37 400m: 5:29.75		37.83 35.87
2.	Beatriz Alexandra Martins <i>TAC Zonal</i>	F	217109	13	Estamos Juntos	5:55.27	371	
	50m: 38.46 38.46 100m: 1:23.93 45.47		150m: 2:10.90 200m: 2:56.61		46.97 250m: 3:44.82 45.71 300m: 4:34.73	48.21 350m: 5:16.38 49.91 400m: 5:55.27		41.65 38.89
3.	Leticia Melo Lopes <i>TAC Zonal</i>	F	217870	13	Algés e Águeda XXI	5:57.39	365	
	50m: 39.06 39.06 100m: 1:26.39 47.33		150m: 2:10.85 200m: 2:54.93		44.46 250m: 3:46.16 44.08 300m: 4:38.08	51.23 350m: 5:18.74 51.92 400m: 5:57.39		40.66 38.65
4.	Eva Ferreira Goncalves	F	215495	13	Academico Viseu Futebol Clube	6:00.21	356	
	50m: 37.19 37.19 100m: 1:24.06 46.87		150m: 2:10.79 200m: 2:56.13		46.73 250m: 3:46.25 45.34 300m: 4:37.23	50.12 350m: 5:19.73 50.98 400m: 6:00.21		42.50 40.48
5.	Maria Ines Marques	F	216042	13	Algés e Águeda XXI	6:01.09	354	
	50m: 37.16 37.16 100m: 1:21.84 44.68		150m: 2:08.88 200m: 2:53.83		47.04 250m: 3:44.79 44.95 300m: 4:38.72	50.96 350m: 5:20.38 53.93 400m: 6:01.09		41.66 40.71
6.	Maria Joao Bernardo	F	217872	13	Algés e Águeda XXI	6:05.95	340	
	50m: 41.91 41.91 100m: 1:30.46 48.55		150m: 2:16.79 200m: 3:04.11		48.05 250m: 3:54.27 44.00 300m: 4:45.82	56.46 350m: 5:26.61 51.55 400m: 6:05.95		40.79 39.34
7.	Anastacia Dimitrii Cocovici	F	211835	13	Galitos / Bresimar	6:08.35	333	
	50m: 41.82 41.82 100m: 1:28.74 46.92		150m: 2:16.79 200m: 3:00.79		48.05 250m: 3:57.25 44.00 300m: 4:50.80	56.46 350m: 5:31.94 53.55 400m: 6:08.35		41.14 36.41
8.	Gabriela Riquito Oliveira	F	215189	13	Galitos / Bresimar	6:10.47	327	
	50m: 40.31 40.31 100m: 1:30.23 49.92		150m: 2:17.16 200m: 3:01.72		46.93 250m: 3:54.81 44.56 300m: 4:49.59	53.09 350m: 5:31.96 54.78 400m: 6:10.47		42.37 38.51
9.	Rita Veiga Martins	F	218947	13	Algés e Águeda XXI	6:11.81	324	
	50m: 41.64 41.64 100m: 1:30.15 48.51		150m: 2:18.42 200m: 3:04.98		48.27 250m: 3:57.39 46.56 300m: 4:49.34	52.41 350m: 5:31.76 51.95 400m: 6:11.81		42.42 40.05
10.	Leonor Janeiro Coelho	F	221583	13	Academico Viseu Futebol Clube	6:18.08	308	
	50m: 38.98 38.98 100m: 1:26.42 47.44		150m: 2:15.65 200m: 3:03.09		49.16 250m: 3:57.60 47.44 300m: 4:51.64	54.51 350m: 5:36.67 54.04 400m: 6:18.08		45.03 41.41
11.	Matilde Breda Andrade	F	214192	13	Academico Viseu Futebol Clube	6:25.44	291	
	50m: 43.24 43.24 100m: 1:35.22 51.98		150m: 2:24.38 200m: 3:13.16		49.16 250m: 4:05.30 48.78 300m: 4:58.34	52.14 350m: 5:43.26 53.04 400m: 6:25.44		44.92 42.18
12.	Matilde Alves Antoninho	F	213559	13	Clube Desportivo Feirense	6:35.63	269	
	50m: 43.41 43.41 100m: 1:34.87 51.46		150m: 2:25.36 200m: 3:15.65		50.49 250m: 4:10.32 50.29 300m: 5:06.32	54.67 350m: 5:51.03 56.00 400m: 6:35.63		44.71 44.60
13.	Camila Santos Rodrigues	F	220148	13	Clube Desportivo de Estarreja	6:36.23	268	
	50m: 43.11 43.11 100m: 1:34.58 51.47		150m: 2:24.95 200m: 3:15.16		50.37 250m: 4:11.08 50.21 300m: 5:07.84	55.92 350m: 5:53.49 56.76 400m: 6:36.23		45.65 42.74
14.	Sofia Pereira Costa	F	215174	13	Clube Desportivo Feirense	6:37.60	265	
	50m: 45.09 45.09 100m: 1:39.94 54.85		150m: 2:30.95 200m: 3:19.76		51.01 250m: 4:14.89 48.81 300m: 5:11.66	55.13 350m: 5:56.30 56.77 400m: 6:37.60		44.64 41.30
15.	Maria Jose Ribeiro <i>FTL</i>	F	214739	13	Campinho	6:40.76	259	
	50m: 43.56 43.56 100m: 1:37.10 53.54		150m: 2:30.76 200m: 3:21.84		53.66 250m: 4:12.48 51.08 300m: 5:04.87	50.64 350m: 5:52.11 52.39 400m: 6:40.76		47.24 48.65
16.	Fabiola Valentina Valente <i>FTL</i>	F	220154	13	Clube Desportivo de Estarreja	6:41.13	258	
	50m: 46.32 46.32 100m: 1:41.54 55.22		150m: 2:32.16 200m: 3:21.00		50.62 250m: 4:17.43 48.84 300m: 5:13.13	56.43 350m: 5:59.28 55.70 400m: 6:41.13		46.15 41.85

Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	FINAPts	Obs
17.	Julia Melo Amorim <i>FTL</i>	F	218284	13	Galitos / Bresimar	6:43.09	254	
	50m: 40.26 40.26 100m: 1:31.25 50.99				150m: 2:23.57 52.32 200m: 3:13.84 50.27	250m: 4:14.17 1:00.33 300m: 5:15.61 1:01.44	350m: 6:00.85 6:03.30 400m: 6:43.09 6:43.09	45.24 42.24
18.	Camila Andrea Ferreira <i>FTL</i>	F	223405	13	Clube Desportivo de Estarreja	6:45.73	249	
	50m: 47.55 47.55 100m: 1:44.89 57.34				150m: 2:36.62 51.73 200m: 3:26.39 49.77	250m: 4:21.76 55.37 300m: 5:17.65 55.89	350m: 6:03.30 6:03.30 400m: 6:45.73 6:45.73	45.65 42.43
19.	Carolina Joao Sa <i>FTL</i>	F	220970	13	Clube Desportivo Feirense	6:46.25	248	
	50m: 47.25 47.25 100m: 1:43.73 56.48				150m: 2:36.80 53.07 200m: 3:28.93 52.13	250m: 4:22.89 53.96 300m: 5:17.22 54.33	350m: 6:03.09 6:03.09 400m: 6:46.25 6:46.25	45.87 43.16
20.	Diana Orioli Pacheco <i>FTL</i>	F	213587	13	Clube Desportivo Feirense	6:52.49	237	
	50m: 44.19 44.19 100m: 1:41.32 57.13				150m: 2:33.79 52.47 200m: 3:24.75 50.96	250m: 4:22.97 58.22 300m: 5:22.15 59.18	350m: 6:08.29 6:08.29 400m: 6:52.49 6:52.49	46.14 44.20
21.	Mafalda Assuncao Almeida <i>FTL</i>	F	216918	13	Estamos Juntos	6:56.89	230	
	50m: 41.38 41.38 100m: 1:34.25 52.87				150m: 2:29.80 55.55 200m: 3:25.00 55.20	250m: 4:22.67 57.67 300m: 5:24.53 1:01.86	350m: 6:13.51 6:13.51 400m: 6:56.89 6:56.89	48.98 43.38
22.	Beatriz Oliveira Silva <i>FTL</i>	F	220314	13	Clube Desportivo Feirense	7:04.02	218	
	50m: 47.84 47.84 100m: 1:44.67 56.83				150m: 2:39.80 55.13 200m: 3:32.93 53.13	250m: 4:31.96 59.03 300m: 5:32.22 1:00.26	350m: 6:21.78 6:21.78 400m: 7:04.02 7:04.02	49.56 42.24
23.	Arantza Victoria Santos <i>FTL</i>	F	220145	13	Clube Desportivo de Estarreja	7:13.78	204	
	50m: 49.73 49.73 100m: 1:51.16 1:01.43				150m: 2:45.95 54.79 200m: 3:39.82 53.87	250m: 4:40.18 1:00.36 300m: 5:41.62 1:01.44	350m: 6:28.81 6:28.81 400m: 7:13.78 7:13.78	47.19 44.97
24.	Diana Pires Soares <i>FTL</i>	F	220151	13	Clube Desportivo de Estarreja	7:16.04	201	
	50m: 51.58 51.58 100m: 1:55.61 1:04.03				150m: 2:51.02 55.41 200m: 3:44.79 53.77	250m: 4:44.75 59.96 300m: 5:45.07 1:00.32	350m: 6:31.59 6:31.59 400m: 7:16.04 7:16.04	46.52 44.45
DSQ	Maria Shubin <i>612 - Perdeu posição dorsal após a viragem aos 100 metros SW 6.2</i>	F	213240	13	Campinho			DSQ
DSQ	Leonor Pinho Silva <i>730 - Vários movimentos verticais de pernas após viragem aos 200 m - SW 7.1</i>	F	220877	13	Clube Desportivo Feirense			DSQ
DSQ	Maria Costa Silva <i>FTL, 730 - Vários movimentos verticais de pernas após viragem aos 250 m - SW 7.1</i>	F	217106	13	Clube Desportivo Feirense			DSQ
DSQ	Maria Rita Pereira <i>FTL, 704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 250 m - SW 7.1</i>	F	217082	13	Clube Desportivo de Estarreja			DSQ

Infantil A

1.	Maria Miguel Lopes <i>TAC Zonal</i>	F	220311	12	Academico Viseu Futebol Clube	5:42.19	416	
	50m: 36.41 36.41 100m: 1:21.71 45.30				150m: 2:07.44 45.73 200m: 2:51.32 43.88	250m: 3:37.62 46.30 300m: 4:26.19 48.57	350m: 5:05.97 5:05.97 400m: 5:42.19 5:42.19	39.78 36.22
2.	Camila Ganito Santos <i>TAC Zonal</i>	F	209359	12	Galitos / Bresimar	5:43.76	410	
	50m: 38.81 38.81 100m: 1:23.10 44.29				150m: 2:06.67 43.57 200m: 2:49.48 42.81	250m: 3:37.09 47.61 300m: 4:24.10 47.01	350m: 5:04.25 5:04.25 400m: 5:43.76 5:43.76	40.15 39.51
3.	Carolina Melo Homem <i>TAC Zonal</i>	F	216658	12	Galitos / Bresimar	5:43.91	409	
	50m: 38.12 38.12 100m: 1:22.68 44.56				150m: 2:06.01 43.33 200m: 2:47.26 41.25	250m: 3:37.59 50.33 300m: 4:27.42 49.83	350m: 5:07.26 5:07.26 400m: 5:43.91 5:43.91	39.84 36.65
4.	Constanca Sousa Fontinha	F	212496	12	O Crasto	5:49.35	391	
	50m: 37.67 37.67 100m: 1:22.30 44.63				150m: 2:09.09 46.79 200m: 2:53.78 44.69	250m: 3:44.06 50.28 300m: 4:34.24 50.18	350m: 5:12.56 5:12.56 400m: 5:49.35 5:49.35	38.32 36.79

Prova 1, Femin., 400m Estilos, Infantil A

Lugar	Nome	Sexo	Licença Ano	Clube	Tempo Final	FINAPts	Obs
5.	Sofia Apalyonova Monteiro	F	212125 12	CN Vagos	5:52.76	379	
	50m: 37.88 37.88		150m: 2:09.47 48.63	250m: 3:44.96 48.93	350m: 5:14.72 49.92	400m: 5:52.76 39.84	38.04
	100m: 1:20.84 42.96		200m: 2:56.03 46.56	300m: 4:34.88			
6.	Dania Pereira Cardoso	F	214825 12	Estamos Juntos	5:53.48	377	
	50m: 37.82 37.82		150m: 2:07.88 46.32	250m: 3:42.12 49.34	350m: 5:13.44 49.53	400m: 5:53.48 41.79	40.04
	100m: 1:21.56 43.74		200m: 2:52.78 44.90	300m: 4:31.65			
7.	Filipa Carneiro Dias	F	214183 12	Academico Viseu Futebol Clube	5:54.66	373	
	50m: 38.56 38.56		150m: 2:09.31 44.40	250m: 3:42.08 50.12	350m: 5:15.99 51.91	400m: 5:54.66 42.00	38.67
	100m: 1:24.91 46.35		200m: 2:51.96 42.65	300m: 4:33.99			
8.	Ariana Oliveira Ferreira	F	211631 12	O Crasto	5:55.34	371	
	50m: 39.62 39.62		150m: 2:10.92 44.71	250m: 3:42.22 46.36	350m: 5:14.69 50.46	400m: 5:55.34 42.01	40.65
	100m: 1:26.21 46.59		200m: 2:55.86 44.94	300m: 4:32.68			
9.	Ana Carolina Pimenta	F	211419 12	Galitos / Bresimar	5:58.09	363	
	50m: 39.09 39.09		150m: 2:12.29 45.35	250m: 3:49.28 51.94	350m: 5:21.61 52.28	400m: 5:58.09 40.05	36.48
	100m: 1:26.94 47.85		200m: 2:57.34 45.05	300m: 4:41.56			
10.	Mariana Vidal Rebelo	F	218431 12	Galitos / Bresimar	6:02.22	350	
	50m: 36.71 36.71		150m: 2:11.27 48.08	250m: 3:49.26 51.77	350m: 5:22.93 51.72	400m: 6:02.22 41.95	39.29
	100m: 1:23.19 46.48		200m: 2:57.49 46.22	300m: 4:40.98			
11.	Leonor Martins Silva	F	211830 12	Estamos Juntos	6:02.88	348	
	50m: 38.81 38.81		150m: 2:12.29 45.35	250m: 3:51.17 52.46	350m: 5:24.01 52.97	400m: 6:02.88 39.87	38.87
	100m: 1:26.96 48.15		200m: 2:58.71 44.94	300m: 4:44.14			
12.	Matilde Soares Fernandes	F	213549 12	Academico Viseu Futebol Clube	6:05.40	341	
	50m: 40.27 40.27		150m: 2:14.86 46.13	250m: 3:51.11 52.13	350m: 5:25.40 52.74	400m: 6:05.40 41.55	40.00
	100m: 1:28.73 48.46		200m: 2:58.98 44.12	300m: 4:43.85			
13.	Maria Olivia Ferreira	F	211423 12	Galitos / Bresimar	6:09.93	329	
	50m: 37.88 37.88		150m: 2:10.79 46.87	250m: 3:51.33 54.20	350m: 5:29.22 54.67	400m: 6:09.93 43.22	40.71
	100m: 1:23.92 46.04		200m: 2:57.13 46.34	300m: 4:46.00			
14.	Eva Valente Marques	F	216653 12	Galitos / Bresimar	6:12.61	322	
	50m: 40.70 40.70		150m: 2:18.16 49.57	250m: 3:59.04 52.73	350m: 5:33.16 52.66	400m: 6:12.61 41.46	39.45
	100m: 1:28.59 47.89		200m: 3:06.31 48.15	300m: 4:51.70			
15.	Margarida Couto Coelho <i>FTL</i>	F	140570 12	Galitos / Bresimar	6:26.37	289	
	50m: 43.72 43.72		150m: 2:27.50 48.72	250m: 4:06.57 51.74	350m: 5:43.48 52.29	400m: 6:26.37 44.62	42.89
	100m: 1:38.78 55.06		200m: 3:14.83 47.33	300m: 4:58.86			
16.	Sofia Sequeira Santos <i>FTL</i>	F	217081 12	Clube Desportivo de Estarreja	6:26.54	288	
	50m: 43.21 43.21		150m: 2:26.58 51.61	250m: 4:06.50 51.72	350m: 5:43.96 51.50	400m: 6:26.54 45.96	42.58
	100m: 1:34.97 51.76		200m: 3:14.78 48.20	300m: 4:58.00			
17.	Matilde Ferreira Nogueira <i>FTL</i>	F	212238 12	Estamos Juntos	6:27.56	286	
	50m: 40.36 40.36		150m: 2:22.59 50.00	250m: 4:06.55 53.83	350m: 5:46.49 55.82	400m: 6:27.56 44.12	41.07
	100m: 1:32.59 52.23		200m: 3:12.72 50.13	300m: 5:02.37			
18.	Ana Carolina Figueiredo <i>FTL</i>	F	215163 12	UD Oliveirense/FERSILVA	6:31.43	278	
	50m: 41.90 41.90		150m: 2:27.69 52.24	250m: 4:08.26 51.83	350m: 5:49.34 54.25	400m: 6:31.43 46.83	42.09
	100m: 1:35.45 53.55		200m: 3:16.43 48.74	300m: 5:02.51			
DSQ	Miriam Jesus Manarte <i>615 - Não efectuou movimento continuo e imediato na viragem aos 175 - SW 6.4</i>	F	215060 12	Clube Desportivo de Estarreja			DSQ
DSQ	Madalena Ramos Fraga <i>611 - Perdeu posição dorsal antes da viragem aos 200 metros SW 6.2</i>	F	217077 12	Clube Desportivo de Estarreja			DSQ
DSQ	Marta Rodrigues Meireles <i>704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 275 m - SW 7.1</i>	F	218535 12	Academico Viseu Futebol Clube			DSQ
DNS	Patrícia Pinho Santos	F	212905 12	Estamos Juntos			DNS